

Press Release

For Immediate Publication

Fortis Hospital Noida Conducts a Successful Kidney Transplant Giving a Young Man a New Lease of Life

27th November 2017: National Organ Donation Day

- ***31 year old gets new kidney after one year on maintenance dialysis***
- ***Awareness is the key component in changing attitudes around organ donation***

Noida, November 26, 2017: Fortis Hospital Noida recently conducted a successful kidney transplant on a 31 year old patient, Nikhil Guleria, who had been on dialysis for over a year now. A team of doctors led by **Dr. Manoj K Singal, Director, Nephrology & Kidney Transplant & Dr. Dushyant Nadar, Director, Urology & Kidney Transplant, Fortis Hospital Noida** facilitated the successful transplant last week when a cadaveric kidney was received from a brain dead donor.

The patient, Nikhil, hailed from Dharamshala, Himachal Pradesh. He had to leave his job due to his deteriorating health and was eventually diagnosed with kidney disease. He was put on maintenance dialysis three times a week and in May 2016 he registered himself for a cadaveric kidney transplant. Initially his mother came forward to donate her kidney but was unsuccessful in doing so due to poor kidney functions. His father and sisters were also unable to donate their kidneys because of medical reasons.

Dr. Manoj K Singhal, Director, Nephrology & Kidney Transplant said, “Due to changing lifestyles and an increased prevalence of diabetes and high blood pressure, the number of patients suffering from kidney disease has increased significantly over the past few years. Most of these patients are on maintenance dialysis awaiting kidney transplant. Most of these families are at their prime of life and have to leave jobs due to demands of dialysis and poor general health. One in three patients don’t have a compatible donor in their family. Increasing awareness about brain death & organ donation will go a long way in bridging the gap between demand and supply. I understand it is difficult to think about organ donation when a loved one has been lost; however organ donation is a generous and worthwhile cause that can save many lives. I strongly recommend and urge people to come forward and take a pledge to donate organs so that someone can live.”

Dr. Dushyant Nadar, Director, Urology & Kidney Transplant, Fortis Hospital Noida, said, “India is the diabetes capital of the world and diabetes is one of the foremost causes of kidney failure. The most frequently performed organ transplant in India is kidney transplant with the number of patients increasing day by day. For organ recipients, a transplant often means a second chance of life. We really need to build awareness so that more and more people come forward and help the patients who are in need.”

Dr. Pinak Moudgil, Zonal Director, Fortis Hospital Noida said, “Awareness around organ donation has increased in major cities. Brain deaths occur in up to 30 percent patients but go unrecognized or unreported. Fortis as a socially responsible healthcare organization had always encouraged people to support organ donation pledges. We are hoping to bridge the gap between the demand and supply of organs through this initiative.”

Patient Nikhil Guleria shared his gratitude, “I know that the decision to donate organs of a deceased loved one is not easy; my family and I salute the donor’s family for granting me a new lease of life. We are extremely grateful to the doctors and the entire Fortis team for making this possible.”

In India approximately 2, 10,000 patients are waiting for transplants out of which only 8000 patients are able to get a donor. In spite of the Human Organ Transplant Act 1994, cadaveric transplant are still limited in number. The cadaver organ donation varies from 0.26 per million population to a maximum of 1 per million population in few states. Healthcare providers who have tried sincerely for organ donation by introducing Standard Operating Procedures, increasing awareness amongst hospital staff and training transplant coordinators have found an acceptance rate of over 40% among families.

About Fortis Healthcare Limited:

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 45 healthcare facilities (including projects under development), approximately 10,000 potential beds and 372 diagnostic centres.

For more information, please contact:

Fortis Healthcare Ltd	Avian Media
<p>Tanushree Roy Chowdhury: +919999425750 tanushree.chowdhury@fortishealthcare.com</p> <p>Joyshree Saikia: +919711972019 joyshree.saikia@fortishealthcare.com</p>	<p>Rishu Singh: +919958891501 rishu@avian-media.com</p> <p>Preeti Sehrawat: +919711170599 preeti@avian-media.com</p>
<p>Fortis Healthcare Ltd. Head Corporate Communications Ajey Maharaj: +919871798573 ajey.maharaj@fortishealthcare.com</p>	