

Hon. Smt Mandatai Mhatre, MLA and Fortis Hospital, Vashi, Conduct Multi-Specialty Health Check-up Camp for Navi Mumbaikars

~ About 500 Navi Mumbaikars undergo the screenings at the health check-up camp ~

~ Screening conducted for:

- Random Blood Sugar
- Blood Pressure
- Body Mass Index
- Bone Mineral Density
- Electrocardiogram
- Pap Smear Test
- Complete blood count
- Consultations for Ophthalmology,
Gynaecology, Orthopaedics, Diet, Cardiology and General

Navi Mumbai, February 27th, 2016: A multi-speciality camp will be organized for the citizens of Navi Mumbai by Hon. Smt Mandatai Mhatre, MLA and Fortis Hospital, Vashi, on 27th and 28th February. About 500 Navi Mumbaikars, comprising of children, college students, women and senior citizens etc. who got themselves screened and sought expert consultation at the camp. The doctors offered consultation to help citizens understand ways to take better care of their health. The camp was organized at the Senior Citizen's Club at Sanpada in Navi Mumbai and was led by Dr Trupti Rathod, Medical Superintendent from Fortis Hospital, Vashi.

The state of urban health is getting challenged with traditional as well as emerging health issues. Traditional problems like blood pressure, uneven Body Mass Index (BMI), poor Bone Mineral Density (BMD) among children, Ophthalmological issues etc. persist, but they can be easily controlled and maintained. However, there has been a marked increase in the incidence of lifestyle disorders like Cardiac problems, Diabetes, Cancer etc. which are largely the outcomes of the new urban lifestyle.

Given their demanding, in most cases controllable lifestyles, the findings of multi-specialty health check-up camp for the citizens of Navi Mumbai presented some alarming health ratios. **Dr Bipin Chevale, Facility Director, Fortis Hospital, Vashi,** said: *"Today's hectic lifestyles contribute to increased number of medical issues across all age groups. Incidence of lifestyle disorders is witnessed to be growing among the urban population. As a result of demanding schedules, high stress levels and performance-linked perquisites, a high number of citizens, even the younger ones, suffer from lifestyle chronic diseases and acute ailments. The growth of incidence of lifestyle diseases is alarming, we witness cases with lifestyle induced ailments on regular basis but we strongly believe that it is something that can be controlled with timely diagnosis and by making suitable changes in one's lifestyle"*.

Talking about on the multi-specialty health-check-up camp, **Hon. Smt Mandatai Mhatre, MLA Bharatiya Janta Party,** who drove the screening said, *"Getting health issues diagnosed at early stages is the first step in ensuring overall health. Through this multi-specialty health check-up camp, we are hoping that people of Navi Mumbai, are motivate to undergo regular screenings so as to aid early screening. We are grateful to Fortis Hospital, Vashi, for having organised this health camp"*.

Day two of this multi-speciality camp, organized by **Hon. Smt Mandatai Mhatre, MLA and Fortis Hospital, Vashi**, will be hosted tomorrow and hopes to witness participation from women's communities, senior citizen groups, parents-teachers clubs, joggers clubs etc.

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About Fortis Healthcare Limited:

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