

Press Release

For Immediate Publication

Vikrant, Col. Brar & Binny corner glory in Fortis Healthy Heart Golf tournament

Over 100 members of Chandigarh Golf Club participate in 3 categories – above 65, below 65 and ladies

Chandigarh, March 19, 2016: Vikrant Bhardwaj (41 points), Col G S Brar (24 points) and Ms Binny Bath (37 points) won titles in the below 65 years category, above 65 years category (9 holes only) and ladies category respectively in the one-day **2016 edition of 'Fortis Healthy Heart Golf Tournament'** at the Chandigarh Golf Club on Saturday. Col SDS Batth (39 points), Paul Duggal (22 points) and Ms Shalini (30 points) finished runners respectively in the three categories. More than 100 members of the Chandigarh Golf Club, including six women, participated in the tournament.

In other competitions, Ricky Mann won the longest drive prize in the under 65 years category with a 292 yards effort, Gen. J K Sapru in the above 65 years category with 270 yards and Vasundhara Thiara in the ladies category with 270 yards. The closest to the pin award, common among all categories, went to Akash Garg, getting as close as 5 metres to the pin.

The exciting prizes for the tournament were sponsored by golfessentials.in and Callaway.

The ceremonial tee off was done by **Mr Ashish Bhatia, Chief Operating Officer (North & East), Fortis Healthcare Ltd.**

The high point of the tournament was participation by the senior most member of the club, Capt. Shamsheer Singh, who is still going strong at 93 years.

The spirited couple, Captain (commercial pilot) J S Sahi (84 years) and his charming wife Dalbir (79), moving together in the same group, also spiced up the tournament. Both started playing golf late in life, JS when he was in his early forties and Dalbir even later in her early 50s. They do not miss a single chance to be on the course, many times being partners in "this wonderful game".

Team Fortis also tested its golfing skills with regular golfers **Regional Medical Director (North & East) Dr Gurbir Singh and Medical Superintendent of Fortis Mohali Dr GBS Kang** participating.

A free medical check-up counter was also set up on the occasion, where the participants got their vital parameters checked and availed diet and general medicine consult.

Speaking on the occasion, Mr Ashish Bhatia, COO (North & East), Fortis Healthcare Ltd, said "Playing golf is a great way to get regular exercise in order to maintain a healthy lifestyle. We all know that regular exercise is important - but most of us come up with the excuse of having no time. A regular round of golf is not only a great way to stay in shape and work out your muscles on a constant basis, but also provides an opportunity to catch up with friends and acquaintances amid the lush greens."

About Fortis Hospital Mohali

Fortis Hospital Mohali is a 355 bed, JCI and NABH-certified, multispecialty care hospital. The hospital commenced operations in 2001, and is today considered one of the most recognized cardiac hospitals of India. Located in the heart of Punjab over 8.22 acres, the tertiary hospital has a comprehensive team of clinicians delivering world-class patient care, supported by advanced technology. In July 2014, Fortis Hospital Mohali added the 55-bed 'Fortis Cancer Institute' on its premises to offer the latest and most comprehensive Medical, Surgical and Radiation Therapy modalities.

About Callaway

Callaway Golf Company is an American global sporting goods company that designs, manufactures, markets and sells golf equipment. Under the Callaway and Odyssey brands, Callaway manufactures and sells golf clubs and golf balls, and sells golf apparel, footwear and accessories in more than 110 countries worldwide.

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