

5th Interstate Lifesaving Heart Transplant Conducted at Fortis Hospital, Mulund

~ In an interstate transplant, donor heart transported from Surat, Gujarat to Mumbai, Maharashtra in 1hr 19mins ~

Mumbai, April 12th, 2016: Mumbai witnessed 13th heart transplant as 16yr old male received a heart at Fortis Hospital, Mulund early morning today. The recipient from Latur, received the heart from 22yr old male donor, admitted at Mahavir Hospital in Surat, after he was declared brain dead following a head injury during a road traffic accident. The recipient was suffering from Dilated Cardiomyopathy and had been waitlisted for over a month to receive a heart. Post assessment and evaluation, **Dr. Anvay Mulay, Head of Cardiac Transplant Team, Fortis Hospital, Mulund** retrieved the heart from the donor at Mahavir Hospital, Surat and transported it to Fortis Hospital Mulund, **in 1hr 19mins covering distance of 269kms across state lines.**

The courageous family of the donor consented for donation of Heart, Liver, Kidneys and Corneas, which were transported to deserving patients across the city. Airport and Traffic Authorities of both cities came together, to swiftly lay the Green Corridor between Surat and Mumbai for the transportation of the heart. Roadmap and flight map was immediately put in place and the donor heart left Mahavir Hospital, Surat at **12.38AM** reaching Surat Airport at **12.50AM**. Upon being transferred into a chartered flight that took off at **12.57AM**, landing at Mumbai Airport at **01.35AM**, heading out in the stand-by ambulance at **01.39AM**. The Green Corridor from Domestic Airport (Gate No. 8) to Military Road – Santacruz-Chembur Link Road - Chedda Nagar to Eastern Express Highway - Airoli Junction and finally to Fortis Hospital, Mulund, helped the heart reach Fortis Hospital Mulund at into the OT at **01.57AM**.

As the preserved heart was moved to the Operation Theatre, the Cardiac Transplant Team led by **Dr. Anvay Mulay, Head of Cardiac Transplant Team** along with **Dr Vijay Agarwal, Head of Pediatric Cardiac Surgery, Fortis Hospital, Mulund**. The surgery was successfully concluded and the recipient was shifted to the Intensive Care Unit (ICU) for recovery.

Dr S Narayani, Zonal Director, Fortis Hospital, Mulund said, *“After witnessing an upsurge in cardiac transplants in the previous months, there was a lull in organ donation. I strongly feel that the momentum has to pick up for us to be able to help more such patients with end-stage cardiac failure. Today we have been able to save this young boy, thanks to the donor’s family in Surat; however another young patient breathed his last in the previous week, as he waited for a donor heart for over 21 days, much to the grief of the family. We need focus our energies on and compassionately drive the lifesaving exercise of Organ Donation; it is indeed the need of the hour”.*

Dr Anvay Mulay, Head of Cardiac Transplant Team, Fortis Hospital, Mulund, said, *“The City needs to understand and be aware of life-saving options available for adult and paediatric*

patients suffering from end-stage cardiac failure; and this can come only with increased awareness about Organ Donation”.

Dr Vijay Agarwal, Head of Pediatric Cardiac Surgery, Fortis Hospital, Mulund, said, “The lull in Organ

Donation, in the previous weeks, has impacted the wait-listed patients. We hope that the success of this surgery brings back the much needed thrust in Organ Donations across the country. Such positive stories give courage to waitlisted patients and their families.” Talking about the recipient who now recuperates at the hospital, he said, *“The patient has been moved to the ICU. Next 24-48 hours will be critical for him”.*

This transplant was made possible with support from Maharashtra and Gujarat’s Airport and Traffic

Authorities, Dr Gauri Rathod, Asst. Director, Health Services, Ministry of Health, NGO Donate Life who helped counsel the donor’s family, Medical Social Workers and the Medical Teams at both the hospitals who worked relentlessly to make this transplant happen.

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For more information, please visit: www.fortishealthfailureprogram.com

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