



Fortis Hospital and Rotary Club of Kalyan host 'Tour de Kalyan' Cyclothon

~ Over 800 cyclists from Kalyan and Dombivli participated in the fitness awareness campaign ~

Kalyan, 14th February 2016: Fortis Hospital, Kalyan associated as medical support partner with over 800 cyclists comprising of children, women, youngsters and senior citizens who participated in the 'Tour de Kalyan' Cyclothon. The Cyclothon was supported by Kalyan Cyclist and Thane Zilla Cycling Association to spread the message of 'Go Green, Go Safe, Stay Fit' on the eve of Valentine's Day. The event was flagged-off by **Honourable Rajendra Devlekar, Mayor, Kalyan Dombivli Municipal Corporation** from Ganesh Ghat at 6.30 AM. The Cyclothon witnessed the participating cyclists carrying placards, banners etc. with messages that promoted the importance of staying fit.

As Medical Partner for the Cyclothon, Fortis Hospital, Kalyan, made available essential medical support for the participants. Two fully-equipped Fortis ambulances and support staff comprising of three Doctors, six Nurses, one Physiotherapist, equipped with first-aid facilities were present during the Cyclothon to tackle any casualty during the marathon. While one ambulance was stationed at the starting point of the venue, and the other ambulance moved along with the cyclists to address any medical emergency that might arise. Fortis Hospital's staff, Management teams and Paramedical staff were stationed at the water junctions across the course of the Cyclothon to ensure immediate medical support in case of any emergency.

Mr Devlekar, Mayor, Kalyan Dombivli Municipal Corporation, said, "*Such an initiative brings together people from all walks of life, striving for better health and fitness. The cyclists, through this initiative, will draw much needed attention towards fitness, positively influencing many others to join in.*"

Dr Sameer Kulkarni, Facility Director, Fortis Hospital, Kalyan, said, "*It is a brilliant initiative at a time when Non Communicable disease has taken an endemic proportion. Cycling is a brilliant exercise; It is healthy, environment-friendly and fun way of communicating. We are happy to provide medical support to the participants. Such enthusiastic participation shows that intent and commitment to remain in better health and greener environment.*"

Mr Kedar Ponshe, President, Rotary Club of Kalyan said, "*The Tour De Kalyan is aimed at promoting cycling for good health and better environment. This event also aims at highlighting the importance of staying active and physically fit.*"



About Fortis Healthcare Limited:

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 306 diagnostic centres.

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