Press Clips:

Tuesday, January 20, 2015:

Fortis Memorial Research Institute Gurgaon and Fortis Escorts Heart Institute, New Delhi:

The Times of India, January 20, 2015, Edition: New Delhi, Page 8:



New heart in place, boy goes home

TIMES NEWS NETWORK

New Delhi: The efforts of doctors and traffic police who collaborated to transport a live heart through the busy Delhi roads from Gurgaon in 29 minutes has paid off. It has helped save the life of the 16-year-old who underwent a transplant at a city private hospital afterwards. Prince was discharged from the hospital on Monday.

"It was a high-risk surgery and we had our fingers crossed on the outcome. But the boy has made an uncomplicated recovery. He is fit to lead a normal life," said Dr Z S Meherwal, the chief operating surgeon for the case. He said the patient will continue on supportive drugs in addition to those to stop infection and rejection.

Complex heart procedure performed at city hospital

AGE CORRESPONDENT NEW DELHI, JAN. 19

Doctors at a city hospital successfully transplanted heart of a 16-year-old boy, Prince, who was suffering from a condition called idiopathic dilated cardio myopathy — an end stage heart disease with a poor heart function, and an left ventrical ejection fraction of 15 per cent.

He was advised heart transplantation when he went two months ago with symptoms of severe breathlessness to the Fortis Escorts Heart

Institute. The donor was a 30-year-old IT professional whose family, based in Hyderabad, took a noble decision to donate his organs. Doctors at the hospital said that post-surgery, a rehabilitation team assisted the patient to get back to normalcy. The process includes counselling, education exercise training to help build muscles that keep the recovery ongoing. The rehabilitation starts from sitting up, graduates to taking a few steps and subsequently slowly increases the activity level of the

patient.

Dr Ashok Seth of the institute said, "Prince was the third on the list for heart transplant patients, but the lucky one who got the donor heart as he was able to come immediately, when the team of doctors contacted him. Of the other two patients on the list, one had passed away awaiting treatment, while another patient was out of the city. In this case, speed, timing and coordination were extremely crucial and the team worked closely to accomplish all of that."

अस्पताल से नया जीवन लेकर लौटा प्रिंस

राज्य ब्यूरो, नई दिल्ली : ओखला स्थित फोर्टिस एस्कॉर्ट हार्ट इंस्टीट्यूट में 16 वर्षीय किशोर प्रिंस को हृदय प्रत्यारोपण के बाद नया जीवन मिला है। अब वह स्वस्थ हो गया है। सोमवार को डॉक्टरों ने उसे अस्पताल से छुट्टी दे दी।

गौरतलब है कि 3 जनवरी को गुडगांव स्थित फोर्टिस मेमोरियल रिसर्च इंस्टीट्यूट (एफएमआरआइ) में 31 वर्षीय आइटी प्रोफेशनल युवक को ब्रेन डेड घोषित किया गया था। हैदराबाद से आए उसके माता-पिता की सहमति से उसका अंगदान



प्रिंस

 फोर्टिस हार्ट इंस्टीट्यूट में भर्ती प्रिंस को अस्पताल से मिली छुट्टी

कराया गया था। उस युवक से मिले हृदय को एंबुलेंस के जिरए दिल्ली यातायात पुलिस की मदद से ग्रीन कोरिडोर बनाकर महज 29 मिनट में दिल्ली स्थित फोर्टिस एस्कॉर्ट इंस्टीट्यूट में लाया गया था, जहां डॉ. अशोक सेठ के नेतृत्व में डॉक्टरों ने प्रिंस को हृदय प्रत्यारोपण किया था। ग्रेटर नोएडा का रहने वाला प्रिंस आइडियोपैथिक डाइलेटेड कार्डियो मायोपैथी नामक हृदय की बीमारी से पीड़ित था। हृदय सिर्फ 15 फीसद खून ही वापस कर पा रहा था। ऐसी हालत में वह केवल छह माह तक जीवित रह सकता था। लेकिन डॉक्टरों व यातायात पुलिस के बीच बेहतर तालमेल से उसे जिंदगी मिली।

