

Celebrating Women in Policing on International Women's Day

~ Fortis Hospital, Kalyan's multi-specialty health check-up camp benefitting over **200** Policewomen ~

~ Get screened for ECG, RBS, BMD, BP, Pap smear, Breast USG and undertake Gynaec consultations ~

Kalyan, March 8th, 2016: Fortis Hospital, Kalyan, celebrated the International Women's Day by organizing a medical health check-up camp for Policewomen of Dombivli, Kalyan up till Ambernath. This initiative helped the Policewomen to celebrate their acts of courage & determination and their extraordinary role in the society. Driving the International Women's Day theme for 2016 - **"Planet 50-50 by 2030: Step It Up for Gender Equality"**, Fortis Hospital, Kalyan, through this initiative focused on safeguarding the health of city's guardians. **Hon Rajendra Devlekar, Mayor, KDMC** and **Hon Sharad Shelar, Additional Commissioner of Police, Kalyan-Dombivli**, inaugurated the drive.

Women generally prioritise their family's health over their own; this leads to delay in diagnosing and addressing health issues in early stages – this camp provided reports and guidance that will help take corrective steps. The two-day health check-up camp, conducted on 8th and 9th March, 2016 witnessed about **200** Policewomen undergoing screenings and getting advice from Gynaecologists & General Physicians.

The multi-specialty camp, conducted at Fortis Hospital, Kalyan, offered essential health check-ups such as - Electro Cardiogram (ECG), Random Blood Sugar (RBS), Bone Mineral Density (BMD), Blood Pressure, Pap smear (A test to rule out Cervical Cancer), Breast Ultrasonography and Gynaec consultations from Gynaecologist. The Policewomen took keen interest in the screening and actively interacted with the Physicians, raising queries about their health. **Dr Sushma Tomar** and **Dr Deepali Rothe, Gynaecologists at Fortis Hospital, Kalyan**, screened the policewomen for Gynaecology related issues.

Dr Sameer Kulkarni, Facility Director, Fortis Hospital, Kalyan, said: *"Policing, a very demanding Public Service is essential for maintaining the law and order. Duty of Policewomen is as challenging as it is for Policemen. Policewomen have to perform their duties in adverse conditions, odd hours and high stress levels – this warrant for regular screenings and early diagnosis. Fortis Hospital, Kalyan, appreciates their commitment towards the society and appreciate their untiring service on International Women's Day with this special health check-up camp. This camp is also aimed at educating Policewomen about preventive measures that would help them live healthier life."*

Hon Sharad Shelar, Additional Commissioner of Police, Kalyan-Dombivli, who inaugurated the camp, shared his views on health of Police force and well-being of Policewomen. He said, *"It is imperative for our force to be in good physical and emotional health for serving the society better. This camp will help highlight health issues and the corrective steps that need to be taken, to better one's health. We appreciate Fortis Hospital, Kalyan, for this initiative and are hopeful that these efforts will have a positive impact on our Policewomen, who will be encouraged to take better care of their health'."*

Dr Sushma Tomar, Gynaecologist at Fortis Hospital, Kalyan, added, *"Apart from the general tests, we have included a number of the Gynaec-specific health tests for this particular camp."*

It will help these Policewomen understand their current health status and work towards a healthier tomorrow.”

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