

Premier global bariatrics organization, International Excellence Federation, recognizes Department of Bariatric & Metabolic Surgery of Fortis Shalimar Bagh, as a 'Centre of Excellence'

Organizes a unique Fashion Show with operated bariatric patients walking the ramp

New Delhi, 8th February, 2014: The Department of Bariatric & Metabolic Surgery, Fortis Hospital, Shalimar Bagh, recently received the prestigious 'The Centre of Excellence' by International Excellence Federation (IEF). To mark this occasion, a unique fashion show was organized wherein many operated bariatric surgery patients walked the ramp in a range of attires, looking magnificent as well as confident.

The already operated Bariatric patients shared their personal experiences and the joy of losing weight after surgery. Mr. Jitender Verma, one of the patients while sharing his experience said, "As my son grew, I realized he expected me to play with him and take him out like other fathers do. But this was never possible. I could never enjoy fatherhood as I was overweight. But after the surgery, my day begins by getting my son ready for school and seeing him grow up to be a man." Another patient Kanika Tangri added, "I was operated for Bariatric Surgery the next day of my seventeenth birthday, and ever since I have been blessed with a new life. I am able to enjoy my youth and can do all the things that other girls of my age enjoy like shopping, attending parties, being a part of social gatherings etc. One thing that I never liked was being obese and getting my pictures clicked. But after the surgery I'm no more camera shy and feel good about myself."

Dr. Atul NC Peters, Director, Department of Bariatric & Metabolic Surgery, Fortis Hospital, Shalimar Bagh said, "Obesity can severely affect the quality of one's life. A recent study puts an alarming 70 percent of India's urban population as obese. With morbid obesity affecting 11% of the country's population, India is following a trend of the other developing countries that are steadily becoming more obese. Bariatric & Metabolic Surgery has been able to transform the lives of many obese people and has improved their quality of life." He added that "I am glad to announce the launch of Obesity Cure India, an NGO to spread the message – 'Diabetes can be cured, for the under privileged who are suffering from obesity and are unable to afford treatment for the same."

The Department of Bariatric & Metabolic Surgery also runs a Bariatric Support Group for the operated Bariatric patients to encourage communication to overcome the challenges that obese patients experience and encourage them to be socially active.

On this occasion Mr. Jasdeep Singh, Facility Director of Fortis Hospital, Shalimar Bagh said, "Fortis is a brand name with a strong recall value. Our focus is to ensure that people in and around should have the best of healthcare facilities by way of infrastructure and a pool of doctors who are most trusted. All clinical specialties at one place makes Fortis Hospital, Shalimar Bagh, the first choice in a one stop shop in healthcare. We are proud of Dr. Atul NC Peters for his efforts towards making the Dept of Bariatric & Metabolic Surgery a niche speciality and achieving this milestone in a short span of time."



About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care speciality.

Currently, the company operates its healthcare delivery services in India, Singapore, Dubai, Mauritius and Sri Lanka with 65 healthcare facilities (including projects under development), over 10,000 potential beds, over 240 diagnostic centres and a team strength of more than 17,000 people.

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