

**Press Release**

*For immediate release*

**Fortis Escorts Heart Institute (FEHI) organizes free cardiac camp  
In association with New Friends Colony RWA**

- *Free consultation check-up and tests with a Health talk by Padma Bhushan awardee Dr T S Kler, Executive Director, Cardiac Sciences, FEHI*

**New Delhi, 28<sup>th</sup> January 2016:** Fortis Escorts Heart Institute (FEHI) organized a health talk by Padma Bhushan awardee **Dr T S Kler**, Executive Director, Cardiac Sciences, Fortis Escorts Heart Institute along with a free cardiac camp in partnership with New Friends Colony Resident Welfare Association from 10 AM to 5 PM this Sunday at the Block D of the New Friends Colony.

The health talk delivered by Dr. Kler focussed on the rise of heart diseases in India today. He also raised awareness on how cardio-vascular diseases have risen ten times among younger people over the last few decades. He threw light on the major causes like pollution that consequently leads to thickening of the arteries, making them narrower and affecting blood supply. He also spoke about other factors like unhealthy lifestyles, stress and genetic factors that further aggravate heart problems. Dr. Kler advised adopting effective preventive methods and timely check-ups as key to reducing heart related problems to a significant level.

Free Services offered at the camp for the residents included Height, Weight, BMI check, Random Blood Sugar (RBS), BP, ECG, Free Echo at FEHI for those patients referred by the Doctor and free cardiac consultation by resident doctors.

**Padma Bhushan awardee Dr. T S Kler, Executive Director, Cardiac Sciences, Fortis Escorts Heart Institute, FEHI** said, *“Prevention and early diagnosis play a very key role in the treatment of cardiac diseases. Compared to the last few decades, new research evidences and tools available today have paved a way for a more accurate diagnosis to be made. Cardiac camps help in larger public engagement, participation and awareness. The enthusiastic participation of the residents at such camps helps in increasing public awareness on the importance of regular health check-ups.”*

As per the WHO-Ministry of Health and Family Welfare, there are roughly 30 million heart patients in the country and two lakh surgeries are being performed every year. Of the 30 million, about half reside in urban areas and the rest in rural areas. The growth of heart diseases is dependent on a number of interlinked factors such as ageing, changing lifestyles,

bad eating habits, smoking and rapidly evolving socio-economic determinants like access to healthcare. Currently, the key challenges that face cardiac care in India are inadequate facilities, accessibility, costs attached to efficient and effective treatment and lack of awareness. By the year 2020, the burden of cardiovascular diseases in India will surpass that of any other country in the world.

### **About Fortis Escorts Heart Institute**

*Fortis Escorts Heart Institute (FEHI), Delhi, a pioneer and centre of excellence in cardiac care is celebrating 28<sup>th</sup> year of path-breaking work and service to the numerous of heart patients, who have benefitted from treatment, at this outstanding facility. Armed with clinical expertise and cutting-edge medical technology, the hospital has set enviable benchmarks in Heart transplants, Cardiac Bypass Surgery, Minimally Invasive Surgery, Interventional Cardiology, Non-invasive Cardiology, Pediatric Cardiology and Pediatric Cardiac Surgery. Till date, FEHI has successfully completed over 2 lakh Coronary Angiographies, over 1 lakh Cardiac Surgeries and almost 65, 000 Coronary Angioplasties, in addition to several life-saving procedures. The hospital also performed India's first Trans Catheter Aortic Valve Implantation (TAVI) and Bioresorbable Vascular Scaffold (BVS); Asia Pacific's first Directional Atherectomy, Angioscopy, Drug Eluting Stenting, etc. Over the years, FEHI has cloned a Heart Care Network of 19 hospitals and Heart Command Centers in India and abroad. It has also launched the revolutionary e-ICU program, enabling remote and timely access to critical care. Fortis Escorts Heart Institute has won numerous awards and accolades - 'Best Cardiology Hospital in the private sector' at the ICICI Lombard & CNBC TV18 India Healthcare Awards for 2015 and the No 1. Ranking in the Private Cardiac category Hospital by The Week Nielson Best Hospitals Survey, 2014 and 2015.*

### **About Fortis Healthcare Limited**

*Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 283 diagnostic centres.*

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