

**PRESS RELEASE**

*For Immediate Publication*

## **Fortis Escorts applies optimum skill and expertise in treating a Pakistani patient to save his life**

- *Patient made rounds of ten hospitals in Pakistan with no hope*
- *Patient practically at end stage with deteriorated kidneys and heart functioning at 15 – 16 %*

**New Delhi, Saturday 17<sup>th</sup> September, 2016:** Fortis Escorts Heart Institute exhibited yet again the level of skill and expertise the doctors are equipped with in operating a patient from Pakistan in a life-saving effort. The team was led by **Dr. Aparna Jaswal, Associate Director, Electrophysiology, Fortis Escorts Heart Institute.**

Zafar Khan, 61 years of age, hails from Peshawar in Pakistan. He has had a stent procedure conducted seven years ago and a year ago his kidneys had deteriorated very badly. He was advised a kidney transplant. Tests were conducted to determine his medical condition and they revealed that not only was his heart very weak and functioning to only 15 – 16 % of its capacity. it was also considered appropriate by all doctors to first treat the heart condition and consider the kidney transplant only later.

Several rounds to multiple hospitals in Pakistan led to no positive outcome as all the hospitals turned Zafar Khan away on the basis that none of them were equipped to treat him due to lack of skill and clinical excellence. He was advised implantation of a CRT in Pakistan, however, but his sons could not find any healthcare provider ready to take the challenge of their father. Hence, his sons decided to bring him to India. Several rounds to 5 – 6 hospitals in Delhi also did not yield much due to his critical condition of his father requiring much expertise of the implantation of the CRT. On the advice of a friend, Zafar Khan was brought to Fortis Escorts Heart Institute. With an implant of the CRT, it was a successful attempt to have Zafar Khan lead a better life and hoping for an extended lease of life.

**Dr. Aparna Jaswal, Associate Director Electrophysiology, Fortis Escorts Heart Institute** said, “Zafar Khan was brought to our hospital in a critical condition. Considering a CRT implantation in such patients can be extremely challenging. It required extra precautions and multi-disciplinary team of nephrologists, Dr. Narula and a critical care team to help us do the procedures successfully in such a sick patient. With the implant of the CRT we are hoping Zafar Khan should be able to live better and longer.”

**Dr. Somesh Mittal, Zonal Director, Fortis Escorts Heart Institute** said, “The Fortis Escorts Heart Institute doctors have repeatedly conducted life-saving procedures that have been challenging to others and patients have been turned away. By treating such cases, we are living up to our reputation of being the Number 1 Cardiac care centre in the country. We continue to secure our position globally as well through continuous efforts of treating patients where other healthcare providers have given up.”

The patient’s son, Ibrahim tearfully thanked the doctors, “I was so dejected when we got repeated refusals from doctors in Pakistan and India that our father’s heart was beyond treatment. The moment I met Dr. Aparna Jaswal and she explained how my father could be treated for his cardiac condition, I felt I had reached my destination. I have to admit that my family is in no doubt on why Fortis Escorts Heart Institute is so sought after for cardiac solutions. We are very thankful to Dr. Jaswal and her team for giving our father a new lease of life despite our father being so sick. The entire procedure was seamless and without any complications.”

#### **About Fortis Escorts Heart Institute**

*Fortis Escorts Heart Institute (FEHI), Delhi, a pioneer and centre of excellence in cardiac care, is celebrating 28 years of path-breaking work and service to the numerous heart patients, who have benefitted from treatment, at this outstanding facility. Armed with clinical expertise and cutting-edge medical technology, the hospital has set enviable benchmarks in Cardiac Bypass Surgery, Minimally Invasive Surgery, Interventional Cardiology, Non-invasive Cardiology, Pediatric Cardiology and Pediatric Cardiac Surgery. Till date, FEHI has successfully completed over 1,79,000 Coronary Angiographies, over 97,000 Cardiac Surgeries and almost 62,000 Coronary Angioplasties, in addition to several life-saving procedures. The hospital also performed India’s first Trans Catheter Aortic Valve Implantation (TAVI) and Bioresorbable Vascular Scaffold (BVS); Asia Pacific’s first Directional Atherectomy, Angioscopy, Drug Eluting Stenting, etc. Over the years, FEHI has cloned a Heart Care Network of 19 hospitals and Heart Command Centers in India and abroad. It has also launched the revolutionary e-ICU program, enabling remote and timely access to critical care. Fortis Escorts Heart Institute has won numerous awards and accolades, the most recent among them being the ‘Best Cardiology Hospital’ at the ICICI Lombard & CNBC TV18 India Healthcare Awards for 2012, 2013 and the No 1. Ranking in the Private Cardiac category Hospital by The Week Nielson Best Hospitals Survey, 2014 and 2015.*

#### **About Fortis Healthcare Limited**

*Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 314 diagnostic centres*

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