

Fortis Escorts Heart Institute (FEHI) initiates Cardiac OPD Clinic in Srinagar in reaching out to extend upgraded treatment solutions for Coronary Heart Disease

14th March, 2015, Srinagar: Fortis Escorts Heart Institute (FEHI), India's first fully dedicated cardiac care facility, has opened a Cardiac surgery OPD at the Khyber Hospital, Khyam Chowk, Srinagar today. The OPD Services is spearheaded by **Dr Yugal K Mishra, Director, Cardio Vascular Surgery, FEHI** and his team of doctors. The OPD which will be extended every month at the Khyber Hospital will have Dr. Mishra and Dr. Syed Asrar, Associate Consultant; FEHI treating patients in the OPD.

The highlights of the OPD clinic will be the advanced infrastructure and upgraded technology utilized in cardiac treatment. Advanced surgeries like minimal invasive valve surgeries, minimal invasive coronary artery surgeries, heart port valve surgeries and ASD closure performed by the cardiac team extending high class medical treatment will be made available at the doorstep of the people living in Kashmir.

Coronary Heart Disease (CHD) is one of the major reasons of mortality in the developing world, especially in the Indian sub-continent. According to a study carried out in Anantnag and Srinagar, the people of Jammu & Kashmir have experienced a higher rate of CHD due to an unusual stressful living condition for years. The study found that prevalence rate of CHD among the population studied was 7.54%. The overall rural prevalence was 6.70% and urban prevalence was at 8.37%. The proportion of male patients was slightly higher at 7.88% than female at 6.63%. The FEHI OPD Clinic will be a step towards addressing this grave problem.

Dr. Yugal Mishra at the launch said, "The stressful style of living is the main reason for heart diseases today. The prevalence of disease among young as well as old people is rising alarmingly. It is recommended that one should undergo regular health check-ups for any possible Coronary Heart Disease. Through this OPD we will extend high class treatment solutions to heart patients, we will also strive to raise awareness about heart ailments related to stress and lifestyle. We hope that our expertise at performing various heart ailments can now be availed by the people of Kashmir through this OPD."

With more than 17,000 cardiac surgeries, Dr Mishra has performed many important surgeries like CABG, Valve, CABG and Valve, Double Valve Replacement (DVR), Redo CABG and Aortic surgeries (Bentall Surgery). A pioneer of minimally invasive cardiac surgery (key hole) in India, Dr Mishra and his team from FEHI OPD will go a long way to address heart ailments among patients from Jammu & Kashmir.

About Fortis Escorts Heart Institute

Fortis Escorts Heart Institute (FEHI), Delhi, a pioneer and centre of excellence in cardiac care, is celebrating 25 years of path-breaking work and service to the numerous heart patients, who have benefitted from treatment, at this outstanding facility. Armed with clinical expertise and cutting-edge medical technology, the hospital has set enviable benchmarks in Cardiac Bypass Surgery, Minimally Invasive Surgery, Interventional Cardiology, Non-invasive Cardiology, Pediatric Cardiology and Pediatric Cardiac Surgery. Till date, FEHI has successfully completed over 1,72,000 Coronary Angiographies, over 90,000 Cardiac Surgeries and almost 52,000 Coronary Angioplasties, in addition to several life-saving procedures. The hospital also performed India's first Trans Catheter Aortic Valve Implantation (TAVI) and Bioresorbable Vascular Scaffold (BVS); Asia Pacific's first Directional Atherectomy, Angioscopy, Drug Eluting Stenting, etc. Over the years, FEHI has cloned a Heart Care Network of 19 hospitals and Heart Command Centers in India and abroad. It has also launched the revolutionary e-ICU program, enabling remote and timely access to critical care. Fortis Escorts Heart Institute has won numerous awards and accolades, the most recent among them being the 'Best Cardiology Hospital' at the ICICI Lombard & CNBC TV18 India

Healthcare Awards for 2012, 2013 and the No 1. Ranking in the Private Cardiac category Hospital by The Week Nielson Best Hospitals Survey, 2014.

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