

Mumbai's 8th and 9th Heart Transplant Patients Discharged from Fortis Hospital, Mulund

~ Intrastate transplants helped end-stage organ failure patients get a new lease of life ~

Mumbai, February 15th, 2016: Fortis Hospital, Mulund discharged Mumbai's 8th and 9th heart transplant patients after recuperating from successful heart transplant surgeries within a span of 24 hours. The surgeries took place on 30th & 31st January, 2016. The two patients – a 28-year old man and a 7-year old girl - were suffering from Dilated Cardiomyopathy. The transplants are testimonies of the strengthened heart transplant channel developed within and beyond the state.

The 8th heart transplant at Mumbai's Fortis Hospital, Mulund, was conducted on a 28-year old patient, suffering from Dilated Cardiomyopathy & waitlisted for over six months. The transplant surgery was conducted on 30th January at Fortis Hospital, Mulund, following the donation consent given by the kin of a 39 yr old male, who was declared brain dead from Brain Stem Bleed. The donor heart was transported from Seth Nandlal Dhoot Hospital, Aurangabad to Fortis Hospital, Mulund, in 1 hour and 19 minutes, covering 276.2kms. The surgery was conducted by **Dr Anvay Mulay**, Head of Cardiac Transplant Team, along with **Dr Sanjeev Jadhav**, CVTS Surgeon, Fortis Hospital, Mulund.

After his stay of 15 days at Fortis Hospital, Mulund, the young patient is looking forward to go back to his life with a lot of optimism. He said, *"I remain grateful & indebted to the donor & his family for this new lease of life. When doctors at Fortis Hospital, Mulund told me about successful heart transplants conducted at the hospital, it was a ray of hope for me and my family. The doctors & nursing staff treated me successfully and I leave for home blessed with a new heart."*

The 7-year old girl, state 9th heart transplant patient, was also discharged who was waiting for over a month. The young girl received heart from a young donor, a 7-year old boy, admitted at P.D. Hinduja National Hospital & Medical Research Centre, Mahim. The donor suffered Cerebral Venous Thrombosis and was declared brain-dead subsequently. The heart was then transplanted to Fortis Hospital in Mulund to cover a distance of 26 km in 18 minutes.

Excited about having the child go home, the young patient's much-relieved mother said *"When we read about the successful heart transplant surgeries at Fortis Hospital, Mulund – including one on a child – it gave us hope. Dr Anvay Mulay gave us a lot of confidence and strength to have our daughter undergo the transplant surgery. We are thankful to the team of doctors at Fortis Hospital, Mulund, and the family of the donor who consented for the donation. We will now be initiating and driving organ donation drives to raise awareness about the cause. With the difficult part of the treatment over, we are looking forward to our daughter spending normal childhood."*

On the occasion of discharge of two heart transplant patients, **Dr Anvay Mulay** said, *"We are happy to see two of our heart transplant patients head home after successful surgeries. While heart transplants amongst adults are fairly safe, success of Pediatric Cardiac heart transplant requires additional effort. We are extremely pleased with the post-transplant progress that the child has displayed. We are now confident that the success of recent heart transplants at Fortis*



Hospital, Mulund, will encourage people to consider donating hearts (and other organs) of brain-dead members of their family.”

Talking about the successful transplants, **Dr S Narayani, Zonal Director, Fortis Hospital, Mulund**, said, *“We are proud of the achievements of our surgical teams. There is great satisfaction of having saved and enriched precious lives. The success of successive heart transplant surgeries at Fortis Hospital, Mulund, has helped numerous patients with end-stage cardiac conditions, seek immediate medical aid. I take this opportunity to appreciate the efforts of all stakeholders involved in making these surgeries happen - ZTCC, Airport & Traffic Authorities, Medical Social Workers and Transplant Coordinators. Media has helped immensely by promoting the case and build awareness about organ donation.”*

--

About Fortis Healthcare Limited:

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 306 diagnostic centres

For more information, please contact:

Fortis Healthcare:

Priya Bendre - 77385 70894

priya.bendre@fortishealthcare.com