

Fortis' S.L Raheja Hospital, Conducts Multi-Specialty Health Checkup Camp for BMC Employees at Dadar

~ Two day camp will screen BMC employees for BP, BMI, BCA, RBS and provide diet & general consultations~

~ Over 700 employees to benefit from the screening camp ~

Mahim, Mumbai, April 9th, 2016: On occasion of the World Health Day, celebrated as a global health awareness day; Fortis' S.L Raheja Hospital Mahim, conducted a multi-specialty health check-up camp for the employees of Brihanmumbai Municipal Corporation (BMC) office in Dadar. Over 700 BMC employees were screened for Blood Pressure, Body Mass Index (BMI), Body Composition Assessment (BCA) and Random Blood Sugar (RBS) check followed by consultations from Physician, Dietician and Physiotherapist.

Employees of Brihanmumbai Municipal Corporation play a vital role in the civic administration of the city and the state of their health has a bearing on life of Mumbaikars; this screening camp ensured that the employees were apprised of their health status and are equipped to tackle the medical needs. Interestingly, most of employees who were screened indicated concern for better health and sought doctors' advice to leading a healthier life.

Shri. Ramakant Biradar, Assistant Commissioner North Ward, Brihanmumbai Municipal Corporation, said *"We are happy to initiate this health check-up camp for our employees. It is imperative for us to be in good physical and emotional health, so we can serve the city better. We appreciate Fortis Hospital's effort to check the health of our employees and provide counsel. I am sure our employees will find it helpful."*

Dr Ratanadeep Chaskar, Zonal Director, Fortis' S.L Raheja Hospital, Mahim, said, *"The state of health among urban population is challenged with traditional and emerging health issues. Traditional problems like Blood Pressure, uneven Body Mass Index (BMI), poor Bone Mineral Density (BMD), etc. still persist, but can be controlled to a certain extent. The objective of this camp was to help the custodians of the city tackle their health issues, helping them serve the city better. The consultations conducted at the camp will help the employees make requisite lifestyle changes for better health"*.

Dr Anil Bhoraskar, Diabetologist, Fortis' S.L Raheja Hospital, said, *"Today's hectic lifestyles are predominantly contributing to health issues. The growth in the incidence of lifestyle diseases is alarming but we believe that they can be controlled with timely diagnosis, treatment and by making suitable lifestyle changes"*.



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