CONGRATULATIONS
on Your Wedding...

...and on the new addition to Your Family!

Fortis is the first in India to monitor and publish clinical outcomes in Cardiology based on global norms

Empirical data shows Fortis Escorts Heart Institute stands out among its global peers

Produced by Support Office Communications Team
Please send your feedback to supportoffice.communications@fortishealthcare.com
My dear fellow Fortisians,

My greetings to all of you in this Spring issue of our magazine. As you all know, our focus continues to be on the delivery of value-based healthcare. As is the case with most services, it is sometimes challenging to illustrate the value proposition in healthcare prior to the service is experienced or consumed. Perceptions, therefore, tend to be ephemeral and quite often coloured and perhaps even confusing.

To understand reality and demonstrate what is truly good, it is important to adopt global benchmarks that stand for best practices which will help us measure our performance. In order to demonstrate the robustness, predictability and repeatability of our procedures, we have embarked upon a journey of making our clinical outcomes transparent. To begin with, we have published data from the Fortis Escorts Heart Institute for major Cardiology procedures (based on global norms specified by the International Consortium for Health Outcomes Measurement - ICHOM). The Cardiology data sets are being extended to various Fortis hospitals and new medical specialities are also being brought under the ambit of this programme.

This makes Fortis the first hospital chain in India and one of the first in Asia to adopt and publish its medical outcomes for public guidance and scrutiny. The data along with a comparative analysis for our peer set can be publicly viewed on our website, www.fortishealthcare.com. We are committed to delivering value-based medicine and have always pioneered initiatives that improve the quality of healthcare.

I believe this is a ‘Red Letter Day for Fortis’, with this initiative helping us take a significant step towards patient empowerment.

Actual performance when measured against these standards will allow us to constantly aspire and improve upon our achievements whilst illustrating our superiority in areas where we stack up better than our peers. I do see this as a move in the direction of transparency and as we move forward, it will be important for us all to embrace the same values of patient-centricity and transparency across the entire network.

Thank you for all your hard work – it is only through the efforts of all of you that we do what we do every day.

Warm regards,

Bhavdeep Singh

Disability Group, Delhi NCR, held at Fortis Hospital, Noida
- World Cancer Day celebrated at Fortis Escorts, Arambol
- Fortis Hospital, Ludhiana, celebrates second anniversary

Clinical Excellence
- Green Corridor set up at night helps transport live heart from Fortis Memorial, Gurgaon, to Fortis Escorts, Delhi, in 25 minutes
- Fortis Malviya, Chenna, conducts its first Awake Craniotomy
- 49-year-old diabetic delivers twins at Fortis Hospital, Mohali
- Complex 12-hour long surgery at Fortis Hospital, Shalimar Bagh, helps Saudi patient recover from congenital spinal defect
- Severe spasticity of 8-year-old suffering from cerebral palsy treated at Fortis Hospital, Mohali
- Doctors at Fortis Hospital, Mulund, conduct heart transplants in 24 hours

Special Feature
- Fortis emphatically drives home the donor message at the Kala Ghoda Art Festival in Mumbai

Events
- Fortis Hospital, Cunningham Road, trains more than 11,000 Bengaluru citizens in CPR
- Second ‘Train the Trainers Programme – One Fortis Service Excellence’ concludes in Gurgaon
- Fortis Memorial, Gurgaon, partners with local police and NGO to push for tobacco-free society
- Annual conference of Indian Academy of Paediatrics-Childhood

Fortis Centre for Heart Failure & Transplant at Fortis Malar, Chennai, performs 75th heart transplant

The Fortis Centre for Heart Failure & Transplant at Fortis Malar, Chennai, under the astute leadership of Dr K. R. Balakrishnan, Director, Cardiac Sciences and Dr Suresh Rao K. G., Head Cardiac Anaesthesiology and Critical Care, once again created history by conducting its 75th successful heart transplant.

The centre is one of the fastest in the country to have achieved the landmark. Besides exemplary clinical acumen, the achievement speaks volumes about the enormous dedication of the entire team to live up to Fortis motto of “saving and enriching lives.” Recognising the contribution of the large number of individuals who seamlessly coordinate the transplants, the hospital felicitated team members.

[Image 422x589 to 753x888]

FEBRUARY 2016

HAPPENINGS IN THE WORLD OF FORTIS

NEW BEGINNINGS & LAUNCHES

Fortis is the first in India to monitor and publish clinical outcomes in Cardiology based on global ICHOM norms

As part of its continued endeavour to strengthen patient-centric health services, Fortis Healthcare has become the first private Indian healthcare chain to monitor and publish clinical outcome data for major Cardiac Sciences procedures, based on global norms specified by the International Consortium for Health Outcomes Measurement (ICHOM).

These norms enable comparison with best-in-class results worldwide, and allow hospitals to analyse and understand how they stack up globally on factors that determine clinical outcomes. Based on the data, Fortis Escorts Heart Institute (FEHI) has shown exemplary results and stands out among its peers in a number of areas that top the best available cardiac touchstones globally. FEHI is performing better with zero or negligible cases of post-operative neurological strokes, renal failures, vascular complications, acute vessel occlusions, perioperative myocardial infarctions and emergency CABG for failed procedures among others. Mr Bhavdeep Singh, CEO, Fortis Healthcare, said, “Patients need to be aware of the results and implications of the procedures they are considering. By publicly declaring patient outcome data based on ICHOM norms, Fortis has empowered its patients and has taken a giant leap ahead of all healthcare providers in delivering quality care with safety.”

Renovated Liver Transplant ICU inaugurated at Fortis Hospital, Noida

The renovated Liver Transplant ICU at Fortis Hospital, Noida, was inaugurated by Mr Bachchu Singh, City Magistrate, in the presence of Mr Gagan Sehgal, Zonal Director, and Dr Vivek Vij, Director, Liver Transplant Programme, Fortis, Noida. Fortis Hospital, Noida, is among the top three liver transplant centres in the country. The Liver Transplant ICU was set up in 2011 and was in need of repairs and upgradation. The hospital carried out extensive changes to the ICU in a record 12 days to provide superior patient experience and enhance infection control capabilities.

[Image 949x559 to 1306x894]

MILESTONES

Fortis Foundation comes to the rescue of a 22-year old attack survivor

Fortis Foundation comes to the rescue of a 22-year old acid attack survivor

[Image 976x283 to 1250x506]

Go to page 8 for Dr Randeep’s story
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Warm regards,

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Fortis Hospital, Noida, celebrated second anniversary

Ms Lisa Ray, former actress and cancer survivor, interacted with patients suffering from the disease as part of an event held to commemorate the second anniversary of Fortis Hospital, Noida. The actress drew upon her own experience and inspired the patients and their caregivers to fight Cancer bravely.

Ms Ray said, “I was diagnosed with Blood Cancer, considered incurable, and I am still living with this condition. Cancer has transformed my life in many ways. I draw strength not only from my family but also from people all around the world because I was open to my cancer diagnosis.” She further added that hope and humour helped keep depression at bay.

Dr J. S. Sekhon, Director, Oncosciences, Dr Harish Matta, Consultant, Surgery and Dr Parveen Kaur, HOD & Consultant, Radiation Oncology, stressed upon the need for early diagnosis and prevention through appropriate lifestyle modification.

CLINICAL EXCELLENCE

Severe spasticity of 8-year old suffering from cerebral palsy treated at Fortis Hospital, Noida

An 8-year old girl from Oman suffering from Cerebral Palsy and severe spasticity was successfully treated by a team led by Dr Rahul Gupta, Senior Consultant, Neurosurgery. The child was unable to sit straight, stand or walk without support. She had severe pain in her limbs and abdomen. She also suffered from side effects of medication administered previously.

The doctors began by delivering very low doses of medicines directly around the nerves in the spine. The next step was to fit her with Intrathecal Baclofen Infusion pumps to provide a constant stream of muscle relaxants. This improved her condition significantly, reducing the stiffness in her muscles and enabling her to sit and move without pain. This was followed by advanced paediatric physiotherapy under the supervision of Dr Surender Singh, HOD, Physiotherapy.

Fortis Malar, Chennai, conducts its first Awake Craniotomy

A 38-year old mother of two from Vadodara, Gujarat, spoke, laughed and even sang devotional songs as a team of doctors led by Dr Dinesh Nayak, HOD and Senior Consultant, Neurology & Epileptology, operated on her brain. By the end of the 6-hour long Awake Craniotomy, a first at Fortis Comprehensive Epilepsy Centre, Fortis Malar, doctors had successfully excised 95% of a large, precariously located tumour. A small portion was deliberately left, as an attempt to remove it could have resulted in an impairment of the patient’s ability to speak.

Before the procedure, the patient had complaints of giddiness, unease and unexplained fear. An MRI revealed a large tumour near the speech and language recognition area of the brain. Dr Dinesh Nayak and his team decided to conduct an “awake” surgery so that the patient’s ability to speak could be constantly monitored.

Dr Nayan claims that the patient could laugh and even sing devotional songs as a team of doctors led by Dr Dinesh Nayak, HOD and Senior Consultant, Neurology & Epileptology, operated on her brain. By the end of the 6-hour long Awake Craniotomy, a first at Fortis Comprehensive Epilepsy Centre, Fortis Malar, doctors had successfully excised 95% of a large, precariously located tumour. A small portion was deliberately left, as an attempt to remove it could have resulted in an impairment of the patient’s ability to speak.

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Doctors at Fortis Hospital, Mulund, conduct two heart transplants in 24 hours

A team of Cardiothoracic Surgeons at Fortis Hospital, Mulund, conducted two heart transplants within a span of 24 hours. Dr Arvay Mulay, Chief of Cardiothoracic Team, conducted the surgeries that helped save the lives of a 7-year old girl and a 28-year old man suffering from dilated cardiomyopathy.

The 28-year old recipient had been waitlisted for six months. The donor heart was retrieved from a 38-year old male suffering from Brain Stem Bleed, admitted at a hospital in Aurangabad, Maharashtra. The donor heart was transported to Fortis Hospital, Mulund after it was retrieved by Dr Sanjeev Jadhav, CVTS Surgeon. The journey covering 276.2 km was accomplished in 1hr 19mins.

The 7-year old girl suffering from dilated cardiomyopathy, had been waitlisted for over a month. The donor heart was retrieved from a 7-year old boy, who was declared brain dead. The retrieval was done by Dr Arvay Mulay, who travelled with the donor heart, covering 26 kms in 16 mins, and then conducted the transplant surgery along with the Paediatric Cardiac Team.

Complex 12-hour long surgery at Fortis Hospital, Shalimar Bagh, Shalimar Bagh, New Delhi, helps Saudi patient recover from congenital spinal deformity

Fortis Hospital Shalimar Bagh, New Delhi, successfully treated a Saudi patient, who suffered from a congenital spinal deformity. The patient was unable to sit straight or walk without support and was unable to sit or walk without support. She had severe pain in her limbs and abdomen. She also suffered from side effects of medication administered previously.

The doctors began by delivering very low doses of medicines directly around the nerves in the spine. The next step was to fit her with Intrathecal Baclofen Infusion pumps to provide a constant stream of muscle relaxants. This improved her condition significantly, reducing the stiffness in her muscles and enabling her to sit and move without pain. This was followed by advanced paediatric physiotherapy under the supervision of Dr Surender Singh, HOD, Physiotherapy.

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Go to page 10, to know about Dr Pooja Dubey

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The 7-year old girl suffering from dilated cardiomyopathy, had been waitlisted for over a month. The donor heart was retrieved from a 7-year old boy, who was declared brain dead. The retrieval was done by Dr Anvay Mulay, who travelled with the donor heart, covering 26 kms in 15 mins, and then conducted the transplant surgery along with the Paediatric Cardiac Team.

Complex 12-hour long surgery at Fortis Hospital, Shalimar Bagh, helps Saudi patient recover from congenital spinal defect

A 21-year old patient from Saudi Arabia was cured of a congenital abnormal curvature of spine (Kyphoscoliotic Deformity) after a 12-hour long operation, conducted by a team led by Dr Ashwani Marchand, Head, Minimal Access Orthopaedic Surgery, at Fortis Hospital, Shalimar Bagh, New Delhi. He was assisted by Dr P. K. Sachdeva, Neurosurgeon.

Before visiting Fortis, the patient had been operated upon twice. However, both the operations had failed, adding to the patient’s agony. Performing a corrective surgery for the third time posed a challenge, particularly due to the pre-existing medical complications. The doctors successfully conducted the surgery, pulling it through with only 2 units of autologous blood transfusion.

The normal curvature between the 1st and the 12th vertebra angles between 20-45 degrees. A curvature beyond this range is termed as Kyphosis.
The Kala Ghoda Arts Festival (KGAF), held in Mumbai between February 6-14, 2016, provided the perfect backdrop for Fortis to spread the message about organ donation. A multi-pronged strategy was adopted to engage with more than 1,50,000 visitors, encouraging them to support the cause and pledge to donate their organs.

One of the key attractions was the Fortis Organ Donation art installation. It depicted hand gestures (mudras) of giving and receiving organs, driving home the concept of organ donation artistically. A 25-feet message wall, on the theme of “Living after Leaving,” showcasing how one continues to live perpetually through organ donation, was also put up. The art installation was a major hit amongst the visitors and many of them were spotted clicking selfies with it.

Celebrity endorsements added another dimension with many well-known Bollywood personalities including Sonakshi Sinha, Raveena Tandon, Raima Sen, Imtiaz Ali, Nagesh Kukunoor and Farah Khan lending their support in various ways – from pledging to donate their organs to promoting organ donation through advertisements, video messages and on social media platforms.

The icing on the cake was the ‘Fortis Organ Donation Concert’. Performers Karsh Kale, Shibani Kashyap and Vir Das gave sterling performances, interspersed with messages promoting organ donation.

The Fortis Organ Donation initiative at KGAF was a huge success with the organ donation message reaching thousands and translating into nearly 3,000 pledges.
Fortis emphatically drives home a plea for organ donation at the Kala Ghoda Arts Festival in Mumbai

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**EVENTS**

Fortis Hospital, Cunningham Road, trains more than 11,000 Bengaluru citizens in CPR

On the Silver Jubilee Year of Fortis, Cunningham Road, Bengaluru, the hospital launched a unique programme to train citizens in Cardiopulmonary Resuscitation (CPR). Over 11,000 city dwellers have received free training in a span of three months. "The goal is to train 25,000 people by the end of this year, which is one of our ways to give back to the society," said Dr Manish Mattoo, Zonal Director, Fortis Hospital, Cunningham Road. The initiative received an overwhelming response with students, IT professionals, bankers, public servants and many others showing a keen interest. Employees of corporate and government offices, the police commissioner's office, CBI, educational institutions such as Mount Carmel, Christ, Jain and RV colleges, and IT firms such as TCS were some of the participants.

Second 'Train the Trainers Programme – One Fortis Service Excellence' concludes in Gurgaon

To further augment and catalyse the ongoing One Fortis Service Excellence training initiative, a Train the Trainer Programme was conducted between January 19-22, 2016, in Gurgaon. 21 participants drawn from operational roles, primarily front-end services, such as Patient Care Services and House Keeping, underwent the training. The programme aimed to build requisite capabilities and ensure the effective delivery of the Service Training Curriculum. These operational colleagues in trainer roles will now, along with the unit based HR trainers, spearhead and supplement the Service Excellence training effort. In the past few months, following the launch of the One Fortis Service Excellence Module, nearly 700 programmes with over 30,000 training hours have been conducted across the FHL Network. The journey of transforming Fortis to a truly patient-centric organisation is expected to receive an impetus with an enhancement in the capacity to train more and more people in service excellence.

Fortis Memorial, Gurgaon, partners with local police and NGO to push for a tobacco-free society

Gurgaon Police Commissioner, Mr Navdeep Virk, launched a set of guidelines to make Gurgaon tobacco-free. The event was attended by representatives from the Fortis Memorial Research Institute (FMRI) and the NGO, Sambandh Health Foundation. The Gurgaon Police will enforce various sections of the anti-tobacco law to promote a healthier environment. Dr Vedant Kabra, Director, Department of Surgical Oncology, FMRI, said nearly 10 lakh Indians die prematurely due to tobacco consumption every year. "It is the leading cause of non-communicable diseases such as cancer. Every day 5,500 children (under the age of 15 years) start smoking in the country. A third of these children and adolescent girls and boys will die a painful, premature death," he said.

**FEBRUARY 2016**

Annual conference of Indian Academy of Paediatrics-Childhood Disability Group, Delhi NCR, held at Fortis Hospital, Noida

Dr Lata Bhat, HOD & Senior Consultant, Paediatrics and Neonatology, who is also the State Coordinator for the Indian Academy of Paediatrics-Childhood Disability Group (IAP-CDG), organised an Annual Conference at Fortis Hospital, Noida. The event was co-hosted by the Department of Neonatology and Developmental Paediatrics of Fortis Hospital, Noida, and Fortis Escorts, Faridabad. Several prominent leaders from various chapters of the organisation, including Dr Samir Dalwai, Dr Chhaya Prasad, Dr Krishan Jani and Dr Ruchita Gupta graced the occasion. The theme of the conference was “Let’s give them our little finger and they will stand on their own.”

The event drew a large participation wherein eminent developmental paediatricians, occupational therapists, clinical psychologists, paediatric psychiatrists, ophthalmologists, speech therapists and special educators from different parts of the country shared their experiences on various aspects of developmental disorders.

World Cancer Day celebrated at Fortis Escorts, Amritsar

Over 100 patients and their attendants participated in a Cancer Awareness Programme to mark World Cancer Day on February 4, 2016, at Fortis Escorts, Amritsar. Cancer awareness badges were distributed and members of the Dietetics and Clinical Nutrition Department shared tips on nutritional requirements of cancer patients. Saplings and cake were also distributed to the patients. Dr Aashish Sharma and Dr Ashish Jain delivered lectures on various types of cancer.

Fortis Hospital, Anandapur, celebrates World Multiple Sclerosis Day

Fortis Hospital, Anandapur, Kolkata, observed World Multiple Sclerosis Day on February 7, 2016, in association with the Multiple Sclerosis Society of India (MSSI). The event was attended by patients and their caregivers as well as other guests. Dr Debashis Chakraborty, Consultant Neurologist, held an interactive session and shared health tips for patients. The participants were also provided with complimentary OPD consultation coupons.

Dr Debashis Chakraborty, Consultant Neurologist, speaking at the occasion.

**HAPPENINGS IN THE WORLD OF FORTIS**
EVENTS

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In the past few months, following the launch of the One Fortis Service Excellence Module, nearly 700 programmes with over 30,000 training hours have been conducted across the FHl Network. The journey of transforming Fortis to a truly patient-centric organisation is expected to receive an impetus with an enhancement in the capacity to train more and more people in service excellence.

Fortis Memorial, Gurgaon, partners with local police and NGO to push for a tobacco-free society

Gurgaon Police Commissioner, Mr Navdeep Virk, launched a set of guidelines to make Gurgaon tobacco-free. The event was attended by representatives from the Fortis Memorial Research Institute (FMRI) and the NGO, Sambandh Health Foundation. The Gurgaon Police will enforce various sections of the anti-tobacco law to promote a healthier environment.

Dr Vedant Kabra, Director, Department of Surgical Oncology, FMRI, said nearly 10 lakh Indians die prematurely due to tobacco consumption every year. “It is the leading cause of non-communicable diseases such as cancer. Every day 5,500 children (under the age of 15 years) start smoking in the country. A third of these children and adolescent girls and boys will die a painful, premature death,” he said.

Annual conference of Indian Academy of Paediatrics-Childhood Disability Group, Delhi NCR, held at Fortis Hospital, Noida

Dr Lata Bhat, HOD & Senior Consultant, Paediatrics and Neonatology, who is also the State Coordinator for the Indian Academy of Paediatrics-Childhood Disability Group (IAP-CDG), organised an Annual Conference at Fortis Hospital, Noida. The event was co-hosted by the Department of Neonatology and Developmental Paediatrics of Fortis Hospital, Noida, and Fortis Escorts, Faridabad. Several prominent leaders from various chapters of the organisation, including Dr Somir Dalwai, Dr Chhaya Prasad, Dr Krishan Jari and Dr Ruchira Gupta graced the occasion. The theme of the conference was “Let’s give them our little finger and they will stand on their own.”

The event drew a large participation wherein eminent developmental paediatricians, occupational therapists, clinical psychologists, paediatric psychiatrists, ophthalmologists, speech therapists and special educators from different parts of the country shared their experiences on various aspects of developmental disorders.

World Cancer Day celebrated at Fortis Escorts, Amritsar

Over 100 patients and their attendants participated in a Cancer Awareness Programme to mark World Cancer Day on February 4, 2016, at Fortis Escorts, Amritsar. Cancer awareness badges were distributed and members of the Dietetics and Clinical Nutrition Department shared tips on nutritional requirements of cancer patients. Saplings and cake were also distributed to the patients. Dr Aashish Sharma and Dr Ashish Jain delivered lectures on various types of cancer.

Fortis Hospital, Anandapur, celebrates World Multiple Sclerosis Day

Fortis Hospital, Anandapur, Kolkata, observed World Multiple Sclerosis Day on February 7, 2016, in association with the Multiple Sclerosis Society of India (MSSI). The event was attended by patients and their caregivers as well as other guests. Dr Debashish Chakraborty, Consultant Neurologist, held an interactive session and shared health tips for patients. The participants were also provided with complimentary OPD consultation coupons.
CONVERSATION

Meet Dr Randeep Wadhawan, Director & Head, Department of Minimal Access, Bariatric and Gastrointestinal Surgery at Fortis Hospital, Vasant Kunj, New Delhi, who is also an avid traveller.

Tell us a bit about yourself?
I am currently the Director & Head of the Department of Minimal Access, Bariatric and Gastrointestinal Surgery, at Fortis Hospital, Vasant Kunj, New Delhi. I feel honoured to have trained in some of the best hospitals in India and abroad, and am humbled to have conducted over 25,000 laparoscopic surgeries to date.

What are your areas of interest?
Apart from my areas of practice and expertise, which includes Laparoscopic Bariatric and Laparoscopic GI surgical procedures, I love globetrotting.

Could you share some value-for-money destinations?
Goa and Sri Lanka, with their pristine beaches, are among the pocket-friendly destinations.

Which are your most memorable destinations?
The snow covered mountains of Switzerland; the beautiful and vibrant city of Sydney; the beautiful and vibrant city of Sydney; the beautiful and vibrant city of Sydney; the beautiful and vibrant city of Sydney.

A LITTLE EXTRA CARE

Fortis Foundation comes to the rescue of a 22-year old acid attack survivor

A 22-year old acid attack survivor from Karnawur, Uttar Pradesh, and her family received succour after the Fortis Charitable Foundation took up her treatment under the AANCHAL Programme.

The survivor lives with her parents. Her father owns a small shop and her mother is a housewife. She graduated in 2014 and was looking for a job when disaster struck. She was accompanying her father to his uncle’s house when her cousin threw acid on her. She received burns on the right side of her body affecting her right eye, arm and leg. There was no hostility between the families; the attack was attributed to a possible property dispute.

The survivor and her family visited various hospitals for treatment, till their resources ran out. Finally, she approached Fortis Foundation. She has already undergone two procedures at Fortis Memorial Research Institute, Gurgaon, and is on her way to recovery.

AWARDS & ACCOLADES

The Nursing Team of Fortis Hospital, Mulund, wins the prestigious AHPI Award for Nursing Excellence

The Nursing Team at Fortis Hospital, Mulund, has proved its mettle by winning the coveted Association of Healthcare Providers of India (AHPI) Award for Nursing Excellence.

The team, under the able leadership of Sister Minimole Varghese, Chief of Nursing, has always been at the forefront of caregiving activities. The mission statement of the Fortis Mulund Nursing Team is, “Elevate and Differentiate – Step Up Nursing” an apt mantra that energises these angels in green.

The AHPI Healthcare Excellence Awards recognise excellence achieved by healthcare organisations in various fields. The rigorous assessment process includes visits by external assessors and an evaluation by the technical committee.

Fortis Escorts Heart Centre, Raipur, Chhattisgarh, wins National Energy Conservation Award

Fortis Escorts Heart Centre, Raipur, Chhattisgarh, was honoured with the National Energy Conservation Award by the Ministry of Power, Government of India, at a ceremony held in New Delhi. The award was given to the hospital in appreciation of its efforts towards conservation of energy. Dr Ajay Dogra, Facility Director, Fortis Escorts, Raipur, received the award from Dr Ajay Mathur, Director General of the Bureau of Energy Efficiency (BEE).

Dr Preeti Jindal of Fortis Hospital, Mohali, bags the coveted Fellowship

Dr Preeti Jindal, Consultant, Gynaecology & Obstetrics, Fortis Hospital, Mohali, was awarded the coveted Fellowship of the Indian College of Obstetricians & Gynaecologists (ICOOG) at the annual meeting of the Federation of Obstetric and Gynaecological Societies of India (FOGSI) in Agra. The fellowship is awarded to senior gynaecologists who have made significant academic and clinical contributions.
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Which are your most memorable destinations?
The snow covered mountains of Switzerland; the beautiful and vibrant city of Sydney; the scenic Bavarian region of Germany; Orlando, with its theme parks and rides; San Francisco with all its natural beauty and Venice, a city with a difference, are some of my favourites.

Could you share some value-for-money destinations?
Goa and Sri Lanka, with their pristine beaches, are among the pocket-friendly destinations.

Which are the places that you found the most heavenly?
There are many. The Great Barrier Reef with its colourful corals, the backwaters of Kerala, Switzerland – the epitome of natural beauty, and the beaches of Mauritius.

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No obstacle is unsurmountable when the motive is right, proves Pooja Dubey from International Sales. The matter was sorted out with their help, eventually putting an attention of Mr. Ashish Bhatia, COO (N&E), and Mr. Rakesh Laddha, VP, Finance. The winners of last month’s quiz are: 7. Gigi Fernandez & Natasha Zvereva 8. India 9. Mr. Bhavdeep Singh 10. C. Rajagopalachari

Answers to last month’s quiz
1. Michelangelo 2. The salary was Rs 420. 3. True 4. United Airlines 5. Angel’s Nest 6. Rajesh Vivek

TEST YOUR IQ – February 2016
1. The common Hindustani words ‘Chabi’, ‘Balit’ and ‘Sabun’ are derived from which European language?
2. What is the name of Mirza Ghalib’s account of the 1857 war of independence in Delhi?
3. Kyphosis is the abnormal curvature of the knee. True or False?
4. In 1958, Filmfare organised a talent hunt where Eva Arow won in the female category. Name the person who won in the male category?
5. India has recently sponsored the athletes of this country to a major sporting extravaganza of South Asia, held in Assam and Meghalaya recently. Name the country?
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10. What makes the Farkhor Air Base in Tajikistan unique?

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- Dr. Leena Kanwal, FOS & HK Department, Fortis Escorts, Faridabad

In that case, “said the patient, “I’ll come back when you’re sober”

A man visits the doctor for a checkup, and after some tests, the doctor comes in with a grave look on his face. “You have cancer, and only 6 months to live.”

“Excuse me,” he said, “have you lost something?”

A new arrival, about to enter a hospital, saw two white-coated doctors searching through the lower beds. “Excuse me,” he said, “have you lost something?”

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Fortis doctors elected to prestigious positions of professional bodies

**Dr Murali Chakravarthy**
Director, Clinical Affairs
Dr Murali Chakravarthy, Department of Anesthesia, Critical Care & Pain Relief, and Chairman - Central Infection Prevention and Control Committee, Fortis Hospital, Barmerghatta Road, Bengaluru, has been appointed as the Dean, Academics and Research of the Indian College of Cardiac Anesthesiologists.

**Dr Rajeev Lochan Tiwari**
Director, O&O Dr Rajeev Lochan Tiwari, Anesthesiologist, Fortis Escorts, Jaipur, has been elected as the Senior Vice President and Chairman of the Scientific Committee of the Indian Association of Cardiovascular & Thoracic Anesthesiologists (IACTA). He will become the President next year in accordance with the tradition.

**Dr Ramesh K. Sen**
Director, Orthopaedic Joint Replacement Dr Ramesh K. Sen, Fortis Hospital, Mohali, has been elected as the President of the North Zone Orthopaedic Association (NZOA).

**Dr Sandeep Vaishya**
Director, Department of Neurosurgery Dr Sandeep Vaishya, Fortis Memorial Research Institute, Gurgaon, has been elected as the President of the prestigious Indian Society of Peripheral Nerve Surgery and Brachial Plexus (ISPNS). In 2015, Dr Vaishya was elected as the President of the Indian Society for Stereotactic and Functional Neurosurgery.

**Dr Yugal K. Mishra**
Director, Department of Cardiovascular Surgery Dr Yugal K. Mishra, Fortis Escorts Heart Institute, New Delhi, has been elected as the Junior Vice President of the Indian Association of Cardiovascular & Thoracic Surgeons (IACTS). By virtue of the tradition, he will become the Senior Vice President & Chairman of the Scientific Committee, next year, and will be appointed the National President the year after.

No obstacle is unsurmountable when the motive is right, proves Pooja Dubey from International Sales

The resolute and persistent efforts put in over two-and-half years by Ms Pooja Dubey, Manager, International Business, Support Office, Gurgaon, were finally rewarded when the widow of an Iraqi patient received a refund of over Rs 20 lakhs from Fortis.

The patient and his family had come for a liver transplant to Fortis Hospital, Noida, in September 2013. However, they had to return as the surgery was postponed by three months due to medical reasons. The money deposited by the patient could not be returned in the short duration before their departure due to various legal restrictions.

Unfortunately, the patient died soon after returning. On receiving intimation, the hospital initiated the refund process through banks. However, the efforts were unsuccessful and no bank was willing to oblige because of legal and technical reasons. Recalling her struggle, Pooja says, "We tried all options. An external consultant was hired to find a solution. We looked for alternatives internally but all attempts went in vain. Meanwhile, the family began doubting our intensions."

"In that case," said the patient, "I'll come back when you're sober" drinking."

As the doctor completed an examination of the patient, he said, "I can't find a cause for your complaint. Frankly, I think it's due to alcohol."

"Excuse me," he said, "have you lost something?"

A new arrival, about to enter a hospital, saw two white coated doctors searching through the lower beds. "The common Hindustani words 'Chabi', 'Balti' and 'Sabun' are derived from which European language?"

No, replied one of the doctors. "We're doing a heart transplant for an income-tax inspector and want to find a suitable stone."

"No change yet," said the nurse.

"No," replied one of the doctors. "We're doing a heart transplant for an income-tax inspector and want to find a suitable stone.

"A new arrival, about to enter a hospital, saw two white coated doctors searching through the lower beds. A man visits the doctor for a checkup, and after some tests, the doctor comes in with a grave look on his face."

"Doctor: Well, I have some bad news and some really bad news."

"Doctor: Nurse, how is that little girl doing who swallowed ten coins last night?"

"Nurse: No change yet."

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"Doctor: Well, I have some bad news and some really bad news."

"Man: Well, give me the really bad news first."

"Doctor: You have cancer, and only 6 months to live."

"Man: And the bad news?"

"Doctor: You have Alzheimer's disease."

"Man: That's great. I was afraid I had cancer."

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Split a side – Have a laugh

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"In that case," said the patient, "I’ll come back when you’re sober."

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Answers to last month’s quiz

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PHOTO FEATURE

Glimpses from the Republic Day Celebration at Our Units
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Fortis Hospital, Mohali

Fortis Hospital, Noida

Fortis Escorts, Amritsar

Fortis Hospital, Kalyan

Fortis Hospital, Anandapur, Kolkata

Fortis Hospital, Noida
CONGRATULATIONS
on Your Wedding...

Shardhanjali Mishra
Fortis Escorts, Jaipur

Amarpreet Kaur
Fortis Escorts, Ahmedabad

Tony Paul
Fortis Hospital, Noida

Archana Kumari
Fortis Hospital, Research & Education

Honest Raj
Fortis Mulund Hospital, Mumbai

Jyotsna Joshi
Fortis Hospital, Arambol

...and on the new addition to Your Family!

Dr Rajiv Kundra
Fortis Escorts, Mohali

Suprabha Sukumaran
Fortis Escorts, Jaipur

Jaswant Singh
Fortis Escorts, Ahmedabad

Ashish Kumar
Fortis Escorts, Navi Mumbai

Mangpreet Kaur
Fortis Hospital, Thane

Vijay Singh Dharamola
Support Office

Ashutosh Kumar
Support Office

Sudeep Dey
Support Office

Aksha Wilson
MRD, Gurgaon

G C Somashekar
Support Office

Rajeev Rana
Support Office

Mornaikti Jakhiani
Finance New Delhi

Fortis is the first in India to monitor and publish clinical outcomes in Cardiology based on global norms

Empirical data shows Fortis Escorts Heart Institute stands out among its global peers

Produced by Support Office Communications Team
Please send your feedback to supportoffice.communications@fortishealthcare.com