

## Doctors at Fortis Hospital, Mulund Perform another Interstate Heart Transplant

*~ Saves life of the recipient from Mumbai who was waiting since three months ~  
~ ZTCC Mumbai, Fortis Hospital, Mulund, Ayush ICU and Multispecialty Hospital, Surat and  
Donate Life joined hands to save another life~*

**Mumbai, January 20th, 2016:** Doctors at Fortis Hospital, Mulund successfully transplanted a heart into a 42 year old man after another efficacious interstate heart transplant from Surat, Gujarat to Mumbai, Maharashtra. The transport of the donor heart between the two states was completed in **1 hour 24 minutes covering a distance of over 257.72 kilometers.**

The recipient was suffering from Dilated Cardiomyopathy; he was waitlisted for a transplant for over three months. A heart transplant was essential to save his life. This happened when **Dr Anvay Mulay, Head of Cardiac Transplant Team from Fortis Hospital, Mulund** in Mumbai successfully retrieved the heart from 52 year old donor suffering from Intracranial Bleed. The donor's family consented to the noble cause of donating his organs; i.e. Heart, Liver and Kidneys after he was declared brain dead at the Ayush ICU & Multispecialty Hospital in Surat, Gujarat.

The Traffic and Airport authorities immediately laid down the roadmap and flight map. The donor heart left from Ayush ICU and Multispecialty Hospital, Surat to Fortis Hospital, Mulund in Mumbai at **2.50 AM**. The Liver and Kidneys were sent for deserving recipients at Institute of Kidney Diseases and Research Center, Ahmadabad. The heart reached the Surat Airport at **3.04 AM**. The donor heart was immediately transferred into a chartered flight that took off at **3.18 AM**, landing at Mumbai's Domestic Airport at **3.55 AM**. The ambulance left from the Domestic Airport at **3.57 AM**. The preserved heart reached Fortis Hospital, Mulund at **4.11 AM** and the transplant surgery commenced at **4.14 AM**. Green Corridor laid out by Mumbai's Traffic Authorities followed the pre-decided route from Domestic Airport (Gate No. 8) to Military Road - Santacruz Chembur Link Road - Chedda Nagar to Eastern Express Highway - Airoli Junction and finally to Fortis Hospital, Mulund. The heart went straight to the waiting hands of **Dr Sanjeev Jadhav, CVTS Surgeon, Fortis Hospital, Mulund**, who had the recipient prepared and ready to receive the donor heart. Conducted by Dr Anvay Mulay and Dr Sanjeev Jadhav, the surgery concluded at **8.30 AM** and the patient was moved to the ICU by **11 AM**.

**Conducting surgeon Dr Anvay Mulay, Chief of Cardiac Surgery, Fortis Hospital, Mulund**, said, *"Willingness of the family to donate their beloved's organs, has helped save four lives. We salute such courageous families. The surgery was successful; the patient is now stable. He's been moved to the ICU and will be kept under observation for the next 48-72 hours."*

**Talking about the successful surgery, Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund** said, *"Success of this surgery provides yet another boost to our Heart Transplant Programme. It was well coordinated with the State and Medical Authorities of Surat & Maharashtra. Exemplary coordination between all stakeholders has made this happen. We are grateful to ZTCC Mumbai, team of doctors at both hospitals, Medical Social Workers at hospitals, Traffic and Airport authorities at both cities, NGO Donate Life and V M Pargi, Special Commissioner of Police (Traffic & Crime), Surat. This successful surgery further helps drive awareness about the cause of organ donation – it will help bolster the Heart Transplant Programme in the state."*



**Mr Nilesh Mandlewala, President, NGO Donate Life**, which has been instrumental in making this transplant happen, said, *“We work relentlessly to further the cause of cadaver organ donation in India by educating public about importance of this case. Each one of us can save eight lives after death, if we all pledge our support; we can help bridge the gap between the ever increasing recipients and the donors. We are thankful towards the donor family; they’ve set a golden example for us to follow”*.

With this successful surgery, Fortis Hospital, Mulund has earned the distinction of being the only hospital in the state to conduct successful heart transplant surgeries continuously. With this progressive development, patients in need of medical aid can now seek immediate help at the hospital.

With the hospital leading and conducting Programmes for Doctors, Nursing Home staff, Intensivists and Medical Social Workers to create awareness about the importance of organ donation, the impact will positively drive organ donation on a larger scale. With this intercity transplant, a healthy transplant channel has been built between Maharashtra and Gujarat. Such alliances help build a robust Heart Transplant Programme.

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#### **About Fortis Healthcare Limited:**

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