

Fortis' S.L Raheja Hospital, Conducts Multi-Specialty Health Check-up Camp at Shivaji Park, Dadar on 'World Health Day'

~ Two day camp helped screen people at Shivaji Park, Dadar for BP, BMI, BCA, RBS and provide dietary & general consultations~

~ Over 800 residents of Dadar benefited from the screening camp ~

Mumbai, April 7th, 2016: On occasion of the World Health Day, Fortis' S.L Raheja Hospital, Mahim, conducted a multi-specialty health check-up camp for general public at Shivaji Park, Dadar on 6th & 7th April, 2016. The team of doctors provided general consultations, dietary inputs and a session on general physiological health to the attendees. More than 800 people were screened, sought medical consultation at the camp. Many of the participants also joined in a flash mob that highlighted the importance of maintaining good health.

The multi-specialty camp encompassed essential health check-ups such as Blood Pressure, Body Mass Index (BMI), Body Composition Assessment (BCA) and Random Blood Sugar (RBS). Interestingly, most of people who were screened indicated high concerns about their health and sought doctors' advice in leading a healthier life.

Dr Rajesj Gokani, General Physician, Fortis' S.L Raheja Hospital, Mahim, said, *"Early diagnosis, timely intervention, periodic check-ups along with physical activity and nutrition can help bring down most lifestyle-specific ailments. This health camp aimed to educate the masses on the need to adopt healthier lifestyle for better life and better society."*

Dr Ratanadeep Chaskar, Zonal Director, Fortis' S.L Raheja Hospital, Mahim, said, *"As a leading healthcare service provider, we believe in prevention of diseases that can be prevented. With the improvement in the infrastructure and advancement in medical science, we have opportunity to pre-empt non communicable diseases. Our sedentary lifestyle has resulted in rise in NCD and the best possible cure of these are prevention through regular medical check-up and following a healthy lifestyle as prescribed by doctors and experts. We believe such camps help raise awareness about the importance of staying healthy and steps that can prevent it from happening."*

Joined by the over 100 attendees, 20 youngsters from the Moverz & Swingrzs dance academy helped drive messages about importance of health, on the occasion of 'World Health Day'

For more information, please visit: www.fortishealthfaliureprogram.com

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