

**PRESS RELEASE**

*For Immediate Publication*

**Fortis Hospital gives new hope after kidney transplant; the patient is an all-time topper in school**

- *Life threatening disease leading to acute kidney failure are generally consigned to lifelong dialysis, which carries a 5-year survival rate of 34-38%*
  - *33-40% of patients die with End Stage Renal Disease*

**New Delhi, March 10<sup>th</sup>, 2015:** Ujjwal Trivedi was presented to Fortis Ft. T. Rajan Dhall Hospital, Vasant Kunj with a bloated stomach accompanied by severe pain; pain in the legs and unable to walk more than short distance. Diagnosis revealed that he had failed kidneys and needed a donor very urgently. The surgery was led by **Dr. Sanjeev Gulati, Sr. Consultant Nephrology, Fortis Institute of Renal sciences and Transplant, Vasant Kunj.**

The patient, a resident of Varanasi, was just five years of age when he started having renal problems. It started with stomach ache he would have intermittently at school and at home. At times he had problems while walking accompanied with pain in both legs. His parents took him to a local doctor who after initial examination gave him an injection for pain. This made things worse for Ujjwal. When his condition deteriorated and they consulted the local doctor again he was unable to understand the boy's condition. He advised that they should take him to a hospital where some tests could be conducted to detect his medical problem.

When Ujjwal fainted at school one day he was rushed for an ultrasound test which revealed his failed kidneys. The journey was a long one after that. Once the donor was identified as his mother the transition from there to the surgical procedure and then recovery was seamless.

Today Ujjwal is 13 years old, takes his medicines regularly, takes responsibility himself and wants to study to achieve great heights in life. He studies in St. Joseph's School in Varanasi and tops the class in every exam.

Dr Sanjeev Gulati, Director Nephrology said, "It is an alarming fact that more and more children are affected by kidney problems and this is posing a health burden on the nation. What is very important is that we need to become more aware of the problems lifestyle poses and take adequate precautions to avoid such risks."

**Mr. Abrarali Dalal, Facility Director,** Fortis Ft. Lt. Rajan Dhall Hospital said, "I congratulate to the team of doctors who worked very hard to get this boy back on his feet. Our doctors are forever challenging boundaries set by medical conditions in a patient and have always emerged victorious. We hope to continue doing good work all the time."

According to National Kidney Foundation India, disease related to kidney rank 3<sup>rd</sup> among all the life threatening diseases. Every year almost 100 persons per million succumb to kidney diseases. An astounding figure of 90,000 kidney transplants is required on an average every year in India. A study also revealed that it is estimated that currently there are over 1 million people worldwide who are alive on dialysis or with a functioning graft. Hypertension and Diabetes are an important cause of kidney failure and has seen a global increase attributing to almost 66% in CKD. In fact diabetes is five times more

common in the Asians when compared to the white population. There are approximately 7.85 million people suffering from chronic kidney failure in India.

**About Fortis Healthcare Limited**

*Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 283 diagnostic centres.*

Fortis Healthcare Ltd.	Avian Media
<p>Ajey Maharaj: +91 9871798573; <a href="mailto:ajey.maharaj@fortishealthcare.com">ajey.maharaj@fortishealthcare.com</a></p> <p>Vidya Pawan Kapoor: +91 9899996189; <a href="mailto:vidya.kapoor@fortishealthcare.com">vidya.kapoor@fortishealthcare.com</a></p> <p>Priti Srivastava: +91 9910605271; <a href="mailto:ms.priti@fortishealthcare.com">ms.priti@fortishealthcare.com</a></p>	<p>Rishu Singh, +91-9958891501; <a href="mailto:rishu@avian-media.com">rishu@avian-media.com</a></p> <p>Neeraj Shorya, +91- 9911856010; <a href="mailto:neerajshorya@avian-media.com">neerajshorya@avian-media.com</a></p>