

**Press Release**

*For Immediate Publication*

## **Fortis Mohali opens Heart Rhythm Disorders OPD at Srinagar**

*Heart rhythm disorder No. 2 killer in the world after cancer: Dr. Rajat Sharma*

**Srinagar, June 15, 2016:** Fortis Hospital Mohali, Punjab, has opened a Heart Rhythm & Pacemaker Clinic at Star Hospital, Rawalpura Colony, Srinagar. The OPD will be organized every month and spearheaded by **Dr Rajat Sharma, the Cardiac Electrophysiologist at Fortis Hospital, Mohali**. The Clinic, which will be functional every third Wednesday, will cater to patients with various heart rhythm disorders and those with Pacemakers or Implantable Cardioverter Defibrillators (ICD).

Talking about heart rhythm disorders, Dr. Sharma said after the dreaded cancer, these disorders kill the maximum people in the world every year. Millions of people around the world are suffering from these disorders, which remain potentially undiagnosed or untreated, even though these diseases have attained the status of No. 2 killer disease globally. "Thus, it's important to identify the symptoms early on and avoid sudden cardiac death," he said.

Dr. Sharma said there is a lot of confusion regarding the difference between common heart attack and heart rhythm disorders.

Elaborating upon this difference, he said, "A conventional heart attack results from the clogging of the arteries in the heart, which can be handled by opening them up by angiography and stenting by the interventional cardiologists. On the other hand, heart rhythm disorders result from abnormalities or short-circuiting in the electrical system of the heart".

Dr. Sharma added: "Cardiac electrophysiology is the most complex and advanced branch of Cardiology, which deals with these electrical abnormalities of the heart and highly trained specialists specialize in managing these ailments of the heart."

A fast or slow heartbeat can be very dangerous, Dr. Sharma said, adding: "Each heart has its own normal rhythm that begins in the heart's natural 'pacemaker' or the sinus node. An abnormally fast heart rhythm, or tachycardia, can result from very fast electrical activities or short-circuiting in the electrical circuit of the heart".

Another common form of heart rhythm disorder is Atrial Fibrillation, which is causing many deaths worldwide. "If somebody is suffering from this disorder, he will feel palpitations, fatigue, and can even suffer from heart failure in the long run. This also increases the chances of stroke," the doctor warned.

It is of paramount importance to consult cardiac rhythm specialist or the cardiac electrophysiologist for an assessment of your skipped beats. One can ascertain the exact nature of heart rhythm abnormality and its possible implications through different electrophysiological tests.

## **Box**

### **Symptoms of heart rhythm disorder:**

- Palpitation
- Fluttering sensation or extreme racing of the heart. At times it may be non-serious, but it can often be life-threatening.
- Occasional skipped beats
- Shortness of breath
- Chest pain
- Dizziness
- Lightheadedness
- Fatigue
- Blackouts
- Fainting or near fainting
- Irregular heart rhythm

## **ABOUT HOSPITAL MOHALI**

*Fortis Hospital Mohali is a 355 bed, JCI and NABH-certified, multispecialty care hospital. The hospital commenced operations in 2001, and is today considered one of the most recognized cardiac hospitals of India. Located in the heart of Punjab over 8.22 acres, the tertiary hospital has a comprehensive team of clinicians delivering world-class patient care, supported by advanced technology. In July 2014, Fortis Hospital Mohali added the 55-bed 'Fortis Cancer Institute' on its premises to offer the latest and most comprehensive Medical, Surgical and Radiation Therapy modalities.*

## **For more information, please contact:**

**Fortis Healthcare Limited**

**Megha Sandhu**

[megha.sandhu@fortishealthcare.com](mailto:megha.sandhu@fortishealthcare.com)