

Mumbai's First Successful Paediatric Heart Transplant Patient Discharged from Fortis Hospital, Mulund

~16-year old Mumbai girl suffering from Dilated Cardiomyopathy received heart from Indore ~

Mumbai, January 19, 2016: Fortis Hospital, Mulund discharged Mumbai's first Paediatric Cardiology transplant patient today. Doctors at Fortis Hospital, Mulund conducted a successful heart transplant surgery on a 16 year old female recipient. Having recovered from such tough medical procedure, she left for her home in Vikhroli in Mumbai. The heart was received from a 20 year old female donor after she was announced brain dead at Chaitaram Hospital in Indore. The recipient was suffering from Dilated Cardiomyopathy.

The donor heart was retrieved by **Dr Anvay Mulay, Head of Cardiac Transplant Team, Fortis Hospital, Mulund**, Mumbai. Then, the donor heart was flown to Fortis Hospital in Mumbai in less than 2 hours covering a staggering distance of 546 kilometres.

The family of the young donor consented to donate her heart and liver after the 20-year old was declared brain dead at MGM Medical College and Hospital after suffering a head injury. The donor was moved to Chaitaram Hospital in Indore for evaluation and assessment. With due consent taken, Fortis Hospital's Dr Anvay Mulay rushed from Mumbai to Chaitaram Hospital in Indore to harvest the donor's heart on early morning of 3rd January, 2016. The donor's heart left the hospital at 7.11 AM, while the liver was sent for a recipient in Delhi. The heart reached Indore Airport at 7.24 AM and was immediately moved onto an IndiGo flight which landed at Mumbai's Domestic Airport at 8.49 AM.

A waiting ambulance received the heart and swiftly left the airport, reaching the Fortis Hospital at 9.07 AM. It passed through a Green Corridor laid out from Domestic Airport to Fortis Hospital, Mulund. The donor heart was moved straight to the Operation Theatre at 9.08 AM into the waiting hands of conducting surgeon **Dr Vijay Agarwal, Head of Paediatric Cardiac Surgery at Fortis Hospital**.

A seemingly happy patient said, *"I'm indebted to Dr Vijay Agarwal and Dr Anvay Mulay who gave me a new lease of life. I'm very excited to go home."*

Talking about his daughter's ordeal, **Mr Anthony D'Souza** said, *"It was extremely painful to see our daughter suffering with a serious condition at such young age. We felt helpless but the reports of successful surgeries at Fortis Hospital, Mulund, gave us a ray of hope. We decided to explore possibilities for our daughter. Dr Vijay Agarwal and Dr Anvay Mulay have performed a miracle for us. We remain forever indebted to the donor family."*

Talking about the successful procedure, **Dr S Narayani, Zonal Director, Fortis Hospital, Mulund** said, *"Another interstate heart transplant and another life saved - this time of a young one. This transplant wouldn't have been possible without the support of ZTCC Mumbai, Airport & Traffic Authorities at both cities, IndiGo Airlines, Medical Social Workers and Medical Teams at all three hospitals and Hon. Sanjay Dubey IAS, District Commissioner, Indore who pulled off this mammoth task. We hope that the donor family's story inspired many more to join hands to drive the cause of organ donation."*

Talking about the patient's progress, conducting surgeon **Dr Vijay Agarwal, Head of Paediatric Cardiac Surgery, Fortis Hospital, Mulund**, said, *"We are happy to see her back on her feet, ready to go home. With her discharge, her family is being extensively educated about home care. This surgery has only been possible because of ZTCC Mumbai, Traffic & Airport authorities at both cities, Medical Social Workers and doctors at all three hospitals worked in perfect tandem to make this transplant a success. We hope that many more are encouraged by this young woman's story."*



With the young patient going home, it would be important to ensure avoiding infections so there is progressive recovery and the patient steadily moves back to her routine life.

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About Fortis Healthcare Limited:

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 306 diagnostic centres.

For more information, please contact:

<p>Fortis Healthcare: Priya Bendre - 77385 70894 priya.bendre@fortishealthcare.com</p>
