

PRESS RELEASE

For Immediate Publication

Fortis Hospital, Noida conducts Swap Kidney Transplant between two couples to save the spouse's lives

A humane example of sharing in good intent

10 March 2016, Noida: Fortis Hospital, Noida successfully conducted two kidney transplant surgeries between two couples from Uttar Pradesh and Madhya Pradesh. One spouse from each pair donated a kidney to the other spouse. The surgical team was led by **Dr. Manoj Singhal, Director, Department of Nephrology**, and **Dr. Dushyant Nadar, Additional Director, Urology and Kidney Transplantation, Fortis Hospital, NOIDA.**

Suresh (*name changed*), aged 58, is a government employee from Madhya Pradesh received a kidney from Dharmendra (*name changed*), a 52 year old plastic bag contractor from Uttar Pradesh. Savita (*name changed*), a 50 year old homemaker, donated her kidney for Anita (*name changed*), a 48 old homemaker. The two couples, Savita & Suresh from Madhya Pradesh and Anita & Dharmendra from Uttar Pradesh, earlier registered themselves with the Kidney Transplant Programme at Fortis Hospital, NOIDA.

With the possibility of a Kidney swap, both the couples were brought together by the senior doctors in the Departments of Nephrology and Urology. Once they consented, all advised and processed investigations were done. After a thorough medical investigation and legal consent, the transplant between the couples was successfully done.

Dr Dushyant Nadar, Additional Director, Urology and Renal Transplant said, *“When there is a mismatch between couples, one of the options is a swap transplant, which is quite a challenging operation to match right from medical grounds to the legal aspect. But the larger picture here is the fact that two couples who recognized the need, mutually, came forward to share what they could to save their respective spouse's lives and that sets an example.”*

Mr. Gagan Sehgal, Zonal Director, Fortis Healthcare said, *“This will be remembered as an example in both the couple's part in saving lives. Our doctors have once again demonstrated their skill and expertise they possess to ensure the patients are leading better lives after treatment. We have no doubt that they will continue to provide innovative solutions to challenging medical problems in the field of healthcare and improve quality of life for our patients.”*

In India approximately 200,000 new patients develop advanced kidney failure every year. Not only is it debilitating for the patient but the financial toll on the patient and his family is huge. Kidney transplant is the treatment of choice for advanced disease as it removes dependence on dialysis and the patient becomes fit enough to resume life normally. As per an estimate, approximately 210,000 patients are waiting for transplantation, however only 6000 patients are able to get kidney transplantation every year. Despite the Human Organ Transplant Act since 1994, the cadaver donor transplant is still in infancy in India. The cadaver donation rate varies from 0.26 per million populations to maximum of 1 per million population in few states. Even for a living donor transplant, approximately one third patients do not have a blood group compatible donor in the family. In the face of such blood group mismatch, one of the best options is a swap kidney method.

About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. The company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 306 diagnostic centres. In a global study of the 30 most technologically advanced hospitals in the world, its flagship, the Fortis Memorial Research Institute' (FMRI), was ranked No.2, by 'topmastersinhealthcare.com, and placed ahead of many other outstanding medical institutions in the world.

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