

## Life Vest for heart patients

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**NEW DELHI:** Fortis Escorts Heart Institute has brought in for its patients Life Vest - a wearable defibrillator used to treat cardiac arrest. The device can be worn throughout the day as the patient goes about his daily life. According to doctors, it is prescribed for patients at risk for sudden cardiac death (SCD).

"SCD includes patients suffering from cardiomyopathy or congestive heart failure that places them at particular risk. The device is an interim protection while the SCD risk has not been established and the treating doctor requires time to assess the patient's arrhythmic risks and plan the best treatment procedures," explained Dr. Ashok Seth, chairman, FEHL.

While the device continuously monitors the patient's heart, it is also designed to deliver a treatment shock to restore normal heart rhythm if a life-threatening heart rhythm is detected.