

## Surgeons at Fortis Hospital, Mulund Successfully Conduct City's 19<sup>th</sup> Heart Transplant, Save 50yr Old Recipient from Surat

~ Green Corridor from KEM Hospital, Parel to Fortis Hospital, Mulund helped transport donor heart in 20mins ~

~ In city's 23<sup>rd</sup> cadaver donation, donor heart from 49yr old female, from Vikhroli transplanted into 50yr old female recipient from Surat ~

**Mulund, Mumbai, May 28<sup>th</sup> 2016:** Team of surgeons led by **Dr Anvay Mulay, Chief of Cardiac Transplant Team** at Fortis Hospital Mulund successfully transplanted a preserved heart in to a 50yr old female recipient, today in city's 19<sup>th</sup> heart transplant. The recipient, from Surat, was suffering from Dilated Cardiomyopathy and was waitlisted earlier yesterday.

The transplant became possible when a 49yr old female, was declared brain dead at KEM Hospital, Parel earlier today, following a road traffic accident that resulted in a head injury. Her family consented to donate her Heart, Kidneys and Liver, to save and enrich lives of four end-stage organ failure patients. Retrieved by **Dr Hemant Pathare, CVTS Surgeon, Fortis Hospital, Mulund**, the donor heart was transported to Fortis Hospital, Mulund, in 20mins, covering a distance of 24 kms.

As the donor family consented to donate their beloved's organs, Mumbai's Traffic authorities swiftly created the Green Corridor for transportation of the organ. The preserved heart left from the KEM Hospital, Parel, at **03.32PM**, travelling through the Green Corridor via Khanolkar Chowk – Matunga – Sion – Vikhroli – Nahur, reaching Fortis Hospital, Mulund at **03.52PM**. At the hospital, the harvested heart was received by **Dr Anvay Mulay, Head of Cardiac Transplant Team, Fortis Hospital, Mulund**, at the OT and the surgery commenced at **03.53PM**.

On successful completion of the heart transplant surgery, conducting surgeon, **Dr Anvay Mulay, Head of Cardiac Transplant Team, Fortis Hospital, Mulund**, said, *"Our team managed to save and enrich another precious life in the same week; it encourages us to work with even more determination towards the cause of organ donation. It is heartening to see that the momentum for the cause is picking up yet again, if the numbers continue to build gradually, we would be able to help more such end-stage organ failure patients. The surgery has concluded, the patient is now stable and has been moved to the ICU. Next 48-72 hours will be critical and we will be closely monitoring her"*.

On the occasion of 19<sup>th</sup> heart transplant surgery at the hospital, **Dr S Narayani, Zonal Director, Fortis Hospital, Mulund**, said, *"This is another steady step towards building of a vibrant culture of organ donation within the state. We are happy to be instrumental in bringing about this revolution in Cardiac Care, which has helped Cardiac Surgeons save many patients within and beyond the stateliness"*.

Without the co-operation from the stakeholders such as KEM Hospital, Parel, ZTCC Mumbai, Traffic Authorities – Bhoiwada, Matunga, Chembur, Vikhroli and Mulund, the nursing staff and Medical Social Workers at both the hospitals and most importantly the donor's family without whom the transplant could have not been made possible. This is the first time that a donor heart has come in for transplant from a Municipal Hospital.



With the 19 heart transplants in nine months, since the Heart Transplant Programme was initiated at the hospital in August last year, Fortis Hospital, Mulund has firmly established itself as a preferred center of Cardiac Care in Western India. The Cardiac Team will continue to work with stakeholders across the community to build a robust organ donation and transplant system. Fortis Hospital, Mulund has earned the distinction of being the only hospital in the state to conduct successful heart transplant surgeries successively. With this progressive development, patients in need of medical aid can now seek immediate help, not just from within the city but across state lines as well.

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**About Fortis Healthcare Limited:**

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 54 healthcare facilities (including projects under development), approximately 10,000 potential beds and 306 diagnostic centres.

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